



CENTRAL BUCKS COMMUNITY SCHOOL

Educational Services Center, 16 Welden Drive, Doylestown, PA 18901

267-893-5705

Register at www.cbcsonline.com

Spring 2008

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbcsonline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

ON LINE COMMUNITY SCHOOL REGISTRATION BEGINS FEBRUARY 6, 2008

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Check out the best way to register, no delays, no hassles. www.cbcsonline.com

Course Fees:

Senior Citizen fees are listed second when applicable.

Refunds:

Refunds will be given by check only in the event Community School cancels a course or if you notify us three (3) working days before the starting date of the course. No refunds after that time. Refunds are usually issued on the last day of each month.

Tours: For all tours, payment must be made in full at time of reservation and is non-refundable. No refund will be issued for failure to meet the tour for departure.

Aquatics: Full cash refunds will only be given if the Community School cancels a class. Pro-rated cash refunds will only be given before the second class and/or first week of practice. After this time, only credit vouchers will be given. Cash refunds will not be given after this time under any circumstances. Credit voucher amounts are based on time used/remaining in the session. Credit vouchers are good for one year and can be applied to aquatic programs only. There will be a fifteen (15) dollar processing fee on all refunds and returned checks.

Policies

All courses are for individuals, ages 18 or older. There are certain programs for the younger set; they are noted in the catalogue.

Cost of books and supplies are included in some class fees. Material fees indicated are approximate. Please call 267-893-5705 for more information.

All classes are subject to cancellation, if registration is not sufficient. You will be contacted if the class is cancelled and be issued a full refund or take a substitute course. No confirmations will be mailed. If you register on line you will receive an e-mail confirmation.

If you are not satisfied with your course, you can qualify for a credit voucher by notifying the Community School within two weeks of the date your class starts. Credit vouchers are valid for one year from the date of issue.

If a class is postponed, it will be made up at the convenience of the instructor. Classes cancelled due to inclement weather will be rescheduled at the end of the session, or as arranged otherwise. If the Central Bucks School District cancels day school due to an emergency or adverse weather conditions, the CB Community School will also be cancelled. Closings will be announced on KYW News Radio 1060. The Community school closing number is 779 and the CB School District number is 755.

Drivers Education

Mandatory attendance!! No exceptions! Check your schedule carefully.

Entrances and Security

For classes at Central Bucks East please enter the main entrance at the front of the school. For classes at CB South please enter the main entrance on Folly Road. For classes at Central Bucks West . We have security to assist you.

No Smoking Policy

Central Bucks School District has a "NO SMOKING" Policy, which is strictly enforced.

New Courses

Answers To Financial Concerns of Seniors \$30/\$30

Learn solid strategies that will help you to better manage your finances, minimize your taxes, build a bigger estate, deal with healthcare issues, and generally enjoy a more rewarding and financially secure retirement. Lastly, one of the most important issues facing retirees is IRAdistribution planning. Learn how to inflation proof your retirement and guarantee a lifetime of income.

610 CB East Rm: 1 classes on Wed starts 3/26/2008
7:00 PM - 10:00 PM James McGoldrick - Whipple and Associates

Bible as Literature \$50/\$50

Class I: Introduction & emphasis on Biblical literature and it's influences on civilizations (Origins/Geography/History), Class II: Evolution of religious thought and theological development of the nation of Israel (Four Questions of Faith and Life) Please check online for complete description.

611 CB South Rm: 6 classes on Wed
7:00 PM - 8:30 PM starts 3/5/2008 Inst: Dr. Margaret Clark

Drawing and Composition 1 \$60/\$30

Through a variety of still life set ups and exercises each student's perceptual ability and drawing skills will be challenged and improved. **Course 607** has emphasis placed on creating drawings with strong compositions. A great opportunity for Senior High students to improve their portfolios. **Course 609** is designed for adults who never had the opportunity or confidence to learn how to draw realistically. Also for those who have some drawing experience but would like to improve their drawing ability. All ability levels welcome Materials Fee \$15.00 - payable to instructor the first night of class. Start up materials supplied.

607 CB South Rm: 6 classes on Tue
7:00 PM - 9:30 PM starts 3/11/2008 Inst: Jody Holbert

609 Studio Rm: 6 classes on Wed
12:00 PM - 2:00 PM starts 3/5/2008 Inst: Jody Holbert

Drawing and Composition 2 \$60/\$30

Continue to concentrate on your drawing techniques and compositional skills It is suggested that you take Drawing and Composition 1 before this course, but is not mandatory. Materials Fee \$15.00- payable to instructor at first class. Start up material will be supplied. Teens and adults 14+

604 CB South Rm: 6 classes on Tue
7:00 PM - 9:30 PM starts 4/22/2008 Inst: Jody Holbert

Getting Fit - Where Do I Start? \$50/\$25

This course will give you the information you need to start your own exercise program. (Participants with known health concerns need written physician's clearance before fitness testing can be done.) Please wear or bring shorts, towel and exercise mat.

603 CB South Rm: 2 classes on Wed
6:30 PM - 9:30 PM starts 3/19/2008 Inst: Janet Shuhart

If Diets Don't Work, What Does? \$30/\$15

Learn to approach healthy weight management from a different perspective Delve into the many obstacles that can thwart a healthy lifestyle and learn new ways to make it work for you. Find the strategies that focus on your way of living and together we'll help you create your very own plan of action.

601 CB South Rm: 1 classes on Mon
7:00 PM - 9:00 PM starts 3/10/2008 Inst: Janet Shuhart

Leveraging Debt To Accelerate Home Equity \$30/\$15

If I could show you how to quickly increase your home equity and save tens if not hundreds of thousands in interest expense, would you be interested? If I could show you how to pay off your mortgage in 11 years instead of 30 without additional payments, coupons, bi-weekly payments or refinancing, would you spend 90 minutes with me?

612 CB South Rm: 1 classes on Tue
7:00 PM - 9:00 PM starts 3/4/2008 Inst: David Zimmer

613 CB East Rm: 1 classes on Tue
7:00 PM - 9:00 PM starts 4/8/2008 Inst: David Zimmer

614 CB West Rm: 1 classes on Mon
7:00 PM - 9:00 PM starts 4/21/2008 Inst: David Zimmer

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Lower Back Safety & Health \$30/\$15

Explore common myths, questionable beliefs and science-based information regarding lower back safety. Learn proper techniques to protect your lower back during everyday activities and take home exercise ideas that can help strengthen and protect this vulnerable area. Bring a mat or thick towel.

602 CB South Rm: 1 classes on Mon
7:00 PM - 9:00 PM starts 3/17/2008 Inst: Janet Shuhart

Painted Stain Glass 1 \$60/\$60

Using glass paint, learn how to create the illusion of a beautiful 11x14 stain glass panel to be displayed in any window of your home. A material fee of \$25.00- payable to the instructor the first day of class will include an 11x14 glass panel, a wooden frame, 1 liquid lead color and 3 glass paint colors. **Course 605** is designed to be a relaxing experience for adults and seniors. **Course 606** is designed for ages 14 - adults. All ability levels welcome! Studio is located at 3240 Bristol Road near C.B. South High School.

605 Studio Rm: 6 classes on Mon
12:00 PM - 2:00 PM starts 3/3/2008 Inst: Jody Holbert

606 CB South Rm: 6 classes on Mon
7:00 PM - 9:00 PM starts 3/10/2008 Inst: Jody Holbert

Painted Stain Glass 2 \$50/\$50

Continue to use glass paint and learn how to to create the illusion of stained glass on a 3D glass form such as a vase, bowl, lamp shade or box. It is recommended that students take Painted Stain Glass 1 before this course, but it is not mandatory. A \$7.00 fee will cover start up materials - payable to instructor the first night of class. Students will then purchase their own supplies necessary to complete a project of their choice.

608 CB South Rm: 5 classes on Mon
7:00 PM - 9:00 PM starts 4/21/2008 Inst: Jody Holbert

Philly and Soul Line Dancing \$48/\$24

Dust off those dancin' shoes and join us for a rockin' good time reliving those 60's Motown memories and the new R & B hits on the dance floor. From Wagners and Chez Vous Ballrooms with Jerry Blavat, to Temptations Night Club with DJ Butch and Soul Line, we will "boogie on down" Wear shoes that slide.

600 Butler Rm: Gym 4 classes on Wed
6:30 PM - 7:30 PM starts 5/7/2008 Inst: Patricia Hartzell

Two Secrets To Attaining Your Goals \$30/\$15

There are those who set goals and achieve much. There are those who don't set goals and achieve little. Two secrets separate those that attain and those who don't. This class will reveal the secrets and set you on a course toward your success. David Zimmer is co-author with Ken Blanchard, Stephen Covey and Jack Canfield - "Speaking of Success"

615 CB South Rm: 1 classes on Tue
7:00 PM - 9:00 PM starts 3/11/2008 Inst: David Zimmer

616 CB East Rm: 1 classes on Tue
7:00 PM - 9:00 PM starts 3/18/2008 Inst: David Zimmer

617 CB West Rm: 1 classes on Tue
7:00 PM - 9:00 PM starts 3/25/2008 Inst: David Zimmer

Aquatics

Private and Semi-Private Lessons available.

Contact Marge Donohue at 215-345-9240.

No refunds for Private Lessons once your child's schedule is confirmed

Adult Water Aerobics at CB East \$70/\$70

Water aerobics is one of the most effective and gentle ways to exercise your whole body. Course description available on our website

14037 CB East Pool Rm: 14 classes on Mon/Wed
7:30 PM - 8:15 PM starts 3/31/2008 Inst: Roberta Lichter

Competitive Diving Clinic Team Member \$100/\$100

Child must be able to swim in 12ft. of water and be 7 years of age or older. The clinic will be twice a week for 4 weeks on Tuesdays 7:30-8:30PM, 4/29/08-5/27/08 & Saturdays 11:30-12:30PM, 4/26/08-5/31/08. No diving on 5/24/08.

14029 CB South Pool Rm: 8 classes on Tue/Sat
7:30PM - 8:30PM starts 4/26/2008 Inst: Roberta Lichter

Competitive Stroke and Turn \$150/\$150

Evaluations for those swimmers who were not a part of USS, CBAC or SWAC will be held at South High School on March 3rd and 4th at 6:30PM. You do not need to call for an appointment. Please be prompt and bring goggles. Dates for this Clinic are 4/7/08-5/9/08 Mon-Thu, 7:30-8:30PM & Fridays 7-8PM.

14027 CB South Pool Rm: 25 classes on Mon-Fri
7:30PM - 8:30PM starts 4/7/2008 Inst: Roberta Lichter

Developmental Diving Clinic Beginner \$100/\$100

Child must be able to swim in 12ft. of water and be 7 years of age or older. The clinic will be twice a week for 4 weeks on Tuesdays 7:30-8:30PM & Saturdays 10:30-11:30AM. No diving on 5/24/08.

14028 CB South Pool Rm: Pool 8 classes on Tue/Sat
7:30 PM - 8:30 PM starts 4/29/2008 Inst: Roberta Lichter

Developmental Stroke & Turn \$125/\$125

Physical forms and swim waivers will be needed for all clinics unless you were a member of our CBAC or SWAC 2007-2008 Pre-teams. Forms are on our website: www.cbconline.com. Physicals must be dated after March 1, 2006. The clinic will last 8 weeks. Evaluations for those swimmers who are not a part of CBAC or SWAC will be held at East High School on March 5th and 6th at 6:00PM. You do not need to call for an appointment. Please be prompt and bring goggles.

14025 CB East Pool Rm: Pool 16 classes on Mon/Wed
6:30 PM - 7:30 PM starts 3/31/2008 Inst: Roberta Lichter

14026 CB East Pool Rm: Pool 16 classes on Tue/Thu
6:30PM-7:30PM starts 4/1/2008 Inst:

Group Swim Lessons

Swim lessons for ages 3 1/2 and up. No Make-ups for missed classes. Registration is Wednesday, February 6, 2008. Evaluations are required for everyone except those who took our fall lessons. Call 267-893-5705 to setup an appointment for evaluation. Evaluations will be held on Fri. March 7th and Sat. March 8th at Central Bucks East. Please do not plan to be evaluated unless you have an appointment.

Monday/Wednesday Lessons \$180/\$180

14002 CB East Pool Rm: 16 classes on Mon/Wed
3:40 PM - 4:25 PM starts 3/26/2008 Inst: Marge Donohue

14003 CB East Pool Rm: 16 classes on Mon/Wed
4:30 PM-5:15 PM starts 3/26/2008 Inst: Marge Donohue

14004 CB East Pool Rm: 16 classes on Mon/Wed
5:20 PM- 6:05 PM starts 3/26/2008 Inst: Marge Donohue

Tuesday/Thursday Lessons \$180/\$180

14005 CB East Pool Rm: 16 classes on Tue/Thu
3:40 PM- 4:25 PM starts 3/25/2008 Inst: Marge Donohue

14006 CB East Pool Rm: 16 classes on Tue/Thu
4:30 PM - 5:15 PM starts 3/25/2008 Inst: Marge Donohue

14007 CB East Pool Rm: 16 classes on Tue/Thu
5:20 PM-6:05 PM starts 3/25/2008 Inst: Marge Donohue

Friday Lessons \$92/\$92

14008 CB East Pool Rm: 8 classes on Fri
3:40 PM- 4:25 PM starts 3/28/2008 Inst: Marge Donohue

14009 CB East Pool Rm: 8 classes on Fri
4:30 PM - 5:15 PM starts 3/28/2008 Inst: Marge Donohue

14010 CB East Pool Rm: 8 classes on Fri
5:20 PM- 6:05 PM starts 3/28/2008 Inst: Marge Donohue

Saturday Lessons

14022 CB East Pool Rm: 7 classes on Sat 10:15 AM- 11:00 AM starts 3/29/2008 Inst: Marge Donohue
14023 CB East Pool Rm: 7 classes on Sat 11:05 AM- 11:50 AM starts 3/29/2008 Inst: Marge Donohue

14021 CB East Pool Rm: 7 classes on Sat 9:25 AM- 10:10 AM starts 3/29/2008 Inst: Marge Donohue

Lifeguard Training First Aid, CPR AED \$220/\$220

Must attend all classes. Must be 15 yrs old by end of course. Fee includes textbook, CPR pocket mask and certification cards if course is completed and all tests are passed. There will also be a pre-course session on Tuesday, March 25, 2008 at 7:30-9PM. You need to bring to the pre-course session proof of age, a current physical form (dated after 3/20/06), an evaluation for participation in sports and an insurance waiver. Forms are available online at www.cbconline.com.

14001 CB East Pool Rm: 12 classes on Tue/Thu 7:00 PM -10:00 PM starts 3/25/2008 Inst: Marge Donohue

Parent & Tot Swim Lessons \$80/\$80

Children 2-4. Must be toilet-trained or wear a swim diaper. No make-ups for missed classes. No lesson on 5/3/08.

14020 CB East Pool Rm: 7 classes on Sat 8:45 AM-9:15 AM starts 3/29/2008 Inst: Marge Donohue

Scuba at CB East \$175/\$175

Includes classroom and pool work . All equipment will be provided, just bring your suit and towel. Scuba Diver certification can be arranged privately. Minimum age is 12 years old with parental permission. Finish your certification locally or on one of our exotic trips . First night is a free trial/informational night. Instructor is Randy Vogel. Please visit our website at www.finadicts.com or call Randy Vogel at 215-431-6906 with any questions.

14031 CB East Pool Rm: 10 classes on Tue 7:00 PM - 10:00 PM starts 3/25/2008 Inst: Randy Vogel

Scuba at CB South \$175/\$175

You will be on Scuba the first night, so bring your bathing suit and towel. The course includes classroom and pool sessions; dive equipment will be provided. Scuba Diver Certification can be arranged. Meet in room D205 for a 90 minute class followed by a 90 minute pool session. Instructor: Ed Guckin. Please call Underwater World, Inc. at 215-672-4180 for further details and for answers to all your questions.

14030 CB South Pool Rm: 10 classes on Thu 7:00 PM - 10:00 PM starts 2/7/2008 Inst: Staff .

14038 CB South Pool Rm: 10 classes on Tue 7:00 PM - 10:00 PM starts 6/17/2008 Inst: Staff .

Be Creative In The Arts

Addicted to Decorating! \$60/\$60

We'll share "Decorating Secrets" and the principles of Interior Redesign, so that you can transform a space in your own home. Individual decorating dilemmas will also be addressed. Class will be combined with a hands-on experience by putting the techniques into action in one lucky participant's home.

2024 CB West Rm: 2 classes on Mon 7:00 PM - 9:00 PM starts 3/31/2008 Inst: Kim Boyer

Basketry Class \$30/\$15

Weave a Victorian Kansas Flower Basket with a round base and tall sides (can hold a 3" diameter jar for water) to hold fresh, dried or silk flowers. It features a widely flared top, woven border and looped handle. Material Fee: \$10 Students should bring dishpan, sharp scissors, tape measure or ruler, towel, pencil. Small awl:- optional.

2005 Lenape MS Rm: 35 2 classes on Tue 6:30 PM - 9:30 PM starts 3/25/2008 Inst: Tina Barrows

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

\$80/\$80

Beginner's Knitting

This class is designed for somebody who never held a needle or somebody who needs a refresher. You will learn all the basics of knitting including casting on, knit and purl stitches, and finishing. Class material sold separately and must be purchased through Forever Yarn. Located at 15 W. Oakland Street, Doylestown, PA 18901.

2056 Forever Yarn Rm: 3 classes on Thu 6:30 PM - 8:30 PM starts 4/3/2008 Inst: Yanwen Qian

2057 Forever Yarn Rm: 3 classes on Tue 6:30 PM - 8:30 PM starts 3/4/2008 Inst: Yanwen Qian

Creative Expressions for Children \$109/\$109

Have fun while creating terrific works of art! Various projects, incorporating clays, pastels, paints and other media will be utilized to develop drawing and painting skills. Course fee includes materials. Course #2009 is for Preschool and kindergarten age children (3-5 yrs). Course #2006 is for 6-9 year olds and course #2012 is for 10-14 year olds.

2006 Cornerstone Fitness Rm: 6 classes on Thu 4:30 PM - 5:30 PM starts 3/6/2008 Inst: Staff .

2009 Cornerstone Fitness Rm: 6 classes on Thu 10:30 AM - 11:15 AM starts 3/6/2008 Inst: Staff .

2012 Cornerstone Fitness Rm: 6 classes on Thu 5:30 PM - 6:30 PM starts 3/6/2008 Inst: Staff .

Decorated Duck Egg Ornaments \$30/\$30

The first egg is done in a very pretty design with an antique silk print and encased with gold braid and a secondary braid. Gold metal findings are placed on the top and bottom. The second egg can be an ornament or stand free. - will be turned into a very cute birdhouse with shingled roof, perch, flower box and all the trimmings. Materials fee \$10. Please bring a pair of pointed tweezers as well as a box/container to carry project in.

2004 CB West Rm: D137 2 classes on Tue 6:30 PM - 9:30 PM starts 3/4/2008 Inst: Lona Dagutis

Drawing for the Non-Drawer \$60/\$60

Class is designed for those who have the desire to draw but feel they have very little/no knowledge of the art of drawing. See like an artist through lectures, hands-on activities & visual skills that will aid you in drawing. Become aware of how eyes/hand/mind work together to produce beautiful realistic artwork. Material Fee: \$20-payable to instructor first night. Startup materials are supplied. Classes held at my studio, 33 Union Street, Suite 7, Doylestown, PA

2018 Studio Rm: 6 classes on Thu 10:00 AM - 12:00 PM starts 3/6/2008 Inst: Amanda Layre

Faux Finishes – Fabulous and New \$45/\$45

Tuscany, Textures, Marble and Skies! Learn easy and exciting new painting techniques using water-based glazes and plasters including "Tuscany" textured and glazed walls, faux Sienna Marble, imbedded art prints with antiqued stucco (finished art ready for hanging on your wall), glazed 3-D plaster in scroll patterns, cloudy blue skies and sunset skies. All materials included to complete sample boards and 2 projects in class. Materials fee \$55 payable to instructor.

2044 CB East Rm:110 Photography Room 2 classes on Tue 6:30 PM - 9:30 PM starts 4/8/2008 Inst: Cindy Nagle

Floral Design \$42/\$21

Learn the fundamentals of floral design for use in everyday living. All materials will be supplied: containers and flowers. Material fee will be \$55, payable to instructor on first night. Please bring scissors or knife to class.

2007 Whitehorse Flowers Rm: 4 classes on Tue 7:00 PM - 9:00 PM starts 3/4/2008 Inst: Dan Santangelo

Intro to Photoshop \$72/\$72

Afraid of Photoshop! For those of you who have Laptops - we will demystify what Photoshop is all about. So bring in your laptops; put away your fears and come join us for some digital fun. General knowledge of computers is necessary. This is an introduction for all levels.

2050 CB East Rm: 113 5 classes on Sat 9:00 AM - 1:00 PM starts 3/15/2008 Inst: Jo-Ann Maynard

\$52/\$52

Knitting & Crocheting

Learn the basic techniques of knitting and crocheting. Bring your own yarn plus your knitting needles and crochet hooks.

2008 CB South C232 Rm: 8 classes on Wed 7:00 PM - 8:30 PM starts 3/5/2008 Inst: Faye Wolfgang

2011 CB South C232 Rm: 8 classes on Thu 7:00 PM - 8:30 PM starts 3/6/2008 Inst: Faye Wolfgang

Lace Knitting \$52/\$52

This is a beyond beginner class. Ever look at a beautiful lace piece and feel intimidated, this is your chance to step up and do it! You will be learning basic techniques used to create beautiful lace shawls and scarves. You will also learn to read a lace pattern and follow charted designs.

2058 Forever Yarn Rm: 3 classes on Tue 6:30 PM - 8:30 PM starts 4/1/2008 Inst: Yanwen Qian

Miniature Porcelain Lilly Flowers \$30/\$30

A simple adorable arrangement set in a tiny plastic pot. You will make it all by hand with my porcelain recipe and then color with water colors (Crayola colors are fine.) Bring to class a towel or cloth to work on, Sobo glue, Micron 005 black pen, tiny scissors, watercolors and small brushes. Cost of Materials \$3.00. Two sessions, one to create and one to paint and assemble. Please bring a box/container to carry project in.

2002 CB West Rm: D137 2 classes on Tue 6:30 PM - 9:00 PM starts 4/1/2008 Inst: Lona Dagutis

Miniature Porcelain Sweet Peas \$30/\$30

An adorable, life like arrangement created entirely by hand with my porcelain clay recipe. I have a secret surprise for this session. You will need to bring to class a towel or cloth to work on, Sobo glue, tiny scissors, watercolors and small brushes. First session you will create the flowers and the second paint and assemble. Cost of materials \$5.00. Please bring a box/container to carry project in.

2003 CB West Rm: D137 2 classes on Tue 6:30 PM - 9:00 PM starts 4/15/2008 Inst: Lona Dagutis

Oriental Rug Designs \$50/\$50

Learn the art of making Oriental and Persian Rugs. Oriental Rug Designs are silked-screened on a heavy cotton duck foundation, a material specially manufactured and unsurpassed for strength and durability. Prices for kits start at \$48 and includes 4 skeins of yarn and a punch needle. View website at www.orientalrugdesigns.com

2041 CB South Rm C236: 8 classes on Mon 7:00 PM - 9:00 PM starts 3/3/2008 Inst: Faith Braverman

Photography 1 \$72/\$72

This course will provide insight for the use of digital and film cameras. We will discuss accessories and what and where to purchase additional photography equipment . Intensive instruction on proper exposure, photographic composition, lighting, basic portraits, landscapes, editing and printing. Bring your camera, and equipment We will spend time outside taking photographs. Bring a lunch. Small fee for handouts. For the first class we will meet in front of CB East and discuss locations for shooting.

2047 CB East Rm: 5 classes on Sun 9:00 AM - 1:00 PM starts 3/16/2008 Inst: Jo-Ann Maynard

Create a Custom Handbag Workshop @ the Mercer Museum
 Tuesdays, March 4, 11, 18TH from 9:30 am to 12:30 pm
 Work with local craftsperson Cheryl Hanline to create a one of a kind hand bag accessory. Basic knowledge of sewing is required. This program is offered in conjunction with the Mercer Museum's exhibit *Are We Dressed Yet? Accessories and the Stories They Tell*, which explores the role that fashion and personal accessories share in our lives. The fee for this workshop is \$75.00 (\$65 for BCHS members) plus a \$30.00 materials fee due at the start of the workshop. Pre-payment and pre-registration required. To register call, 215-345-0210 ext. 123. The Mercer Museum is located at 84 South Pine Street in Doylestown and is open for self-guided exploration 7 days a week. For more information about visiting the museum or other programs, call 215-345-0210, or go to www.mercermuseum.org.

SAT TEST PREP- \$749

Kaplan Test Prep & Admissions and Princeton Review in conjunction with Central Bucks School District, is offering SAT preparation at all three CB schools for this spring! Kaplan and Princeton Review are the nation's leading providers for test preparation, offers small class size, expert teachers, unparalleled SAT materials, classroom and online practice tests, and complete course materials including access to our online student center. To enroll with Princeton call 800-2-REVIEW or visit their website: www.princetonreview.com. To enroll with Kaplan call 800-KAP-TEST or visit their sight: www.kaptest.com/sat.

Central Bucks West Kaplan

Starting Monday March 17, 2008

3:15 PM-5:45 PM Classes 8 classes on Mon/Wed
3:15 PM-7:45 PM Tests 4 tests on Mon/Wed

Starting Monday April 14, 2008

3:15 PM-5:45 PM Classes 8 classes on Mon/Wed
3:15 PM-7:45 PM Tests 4 tests on Mon/Wed

Princeton Review

Starting Saturday March 8, 2008

2 PM - 5 PM Classes 8 classes on Sat/Sun
9 AM - 1:15 PM Tests 4 tests on Sat/Sun

Starting Saturday April 12, 2008

4 PM - 7 PM Classes 8 classes on Tuesday
9 AM - 1:15 PM Tests 4 tests on Saturday

Central Bucks East Kaplan

Starting Monday April 14, 2008

6:00 PM-8:30 PM Classes 8 classes on Mon/Wed
6:00 PM-10:30 PM Tests 4 tests on Mon/Wed

Princeton Review

Starting Saturday March 8, 2008

2 PM - 5 PM Classes 8 classes on Sat/Sun
9 AM - 1:15 PM Tests 4 tests on Sat/Sun

Starting Saturday April 12, 2008

4 PM - 7 PM Classes 8 classes on Tuesday
9 AM - 1:15 PM Tests 4 tests on Saturday

Starting Saturday May 3, 2008

6:30 PM - 9:30 PM Classes 8 classes on Mon/Wed
9 AM - 1:15 PM Tests 4 tests on Saturday

Central Bucks South Kaplan

Starting Tuesday March 18, 2008

6:00 PM-8:30 PM Classes 8 classes on Tue/Thur
6:00 PM-10:30 PM Tests 4 tests on Tue/Thur

Starting Tuesday April 8, 2008

3:15 PM-5:45 PM Classes 8 classes on Tue/Thur
3:15 PM-7:45 PM Tests 4 tests on Tue/Thur

Princeton Review

Starting Saturday March 8, 2008

2 PM - 5 PM Classes 8 classes on Tuesday
9 AM - 1:15 PM Tests 4 tests on Sat/Sun

Starting Saturday April 12, 2008

4 PM - 7 PM Classes 8 classes on Tuesday
9 AM - 1:15 PM Tests 4 tests on Saturday

CAMP BENCHMARK AND CAMP LEARNING SUPPORT

Camp Benchmark will be held at Cold Spring Elementary July 21 to August 1 Camp Learning Support will be held July 21 to August 1 at Mill Creek Elementary. Check E-Friday folders and your child's teachers during conference days in the spring for more information.

Photography Workshop

\$60/\$60

Grab your cameras - Digital or Film and prepare yourself for a fun day shooting in the Big Apple while focusing on the experience of place. The theme of this workshop is "Seeing Photographically" - which improves the ability to render what the photographer sees through the camera. We will take the ferry and subway to take in different areas of the city and enjoy relaxing breaks when needed. All levels welcome. Please note rain date will be the following Saturday, April 26. We will meet at the Flemington Bus Station at the Trans-Bridge Lines at Adams and Mechanics Streets. Tickets are between \$25 and \$30.

2028 Flemington Bus Station Rm: 1 classes on Sat
8:00 AM - 6:00 PM starts 4/19/2000 Inst: Jo-Ann Maynard

Scrapbooking:Organizing/Preserving Photos \$24/\$12

In this series of classes you will learn the importance of preserving your family history, the dangers of improper storage, safe alternatives, sorting/organizing pictures and memorabilia, layout and journaling methods, helpful techniques such as cropping that are fun, creative and easy. **Please see complete description for all additional costs for course..**

2001 CB West Rm:227 4 classes on Wed
7:00 PM - 9:30PM starts 3/5/2008 Inst: Mary Madison

Watercolor

\$72/\$72

This course offers the fundamentals and techniques of watercolors and drawing with emphasis on individual development.

2033 Pine Run Elementary Rm:Cafeteria 10 classes on Mon
7:00 PM - 9:30 PM starts 3/3/2008 Inst: Marcia Weikert

What's it Worth? with Dr. Lori

\$25/\$15

Bring your art, antiques, and questions to Comcast CN8 TV's art and antiques expert and certified antiques appraiser Dr. Lori. Dr. Lori who is the director of www.DrLoriV.com holds a Ph.D. in art history and her nationally syndicated column appears locally in the Bucks County Herald and The Trend. In this class, Dr. Lori will reveal many myths as you learn the value of the item you bring to class. Dr. Lori's approach is different than others since she provides insider tips and exposes secrets that antique dealers just don't want you to know!

2038 CB East Rm:131 1 classes on Tue
7:00 PM - 9:00 PM starts 5/6/2008 Inst: Dr. Lori Verderame

Arts at Paint N' Pottery

Advanced Wire Work Techniques

\$70/\$70

During this workshop you will create a compliment of necklace, bracelet and earring designs using techniques discussed as well as learn how to incorporate chain, wire wrapping and components into your design portfolio. Bring own tools for wire work or get a discount when purchased with class. (*Note: Basic Wire Work I is a pre-requisite to this class.) Beads sold separately and must be purchased thru Paint N' Pottery. Look on line for additional classes held the first Thursday of every month. daytime and evening.

2163 Paint N' Pottery Rm: 1 classes on Thu
6:30 PM - 9:30 PM starts 4/3/2008 Inst: Paint N'Pottery

2165 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 1:00 PM starts 5/24/2008 Paint N'Pottery

Art Clay Silver: Quick,Easy Enameling \$135/\$135

Tamara Farion will teach the basic techniques, tools, enamel basics, firing requirements and equipment needed. Students will make a pendant or a pair of earrings using 1 or 2 colors. Course fee includes ALL materials and instruction.

2179 Paint N' Pottery Rm: 1 classes on Tue
10:00 AM - 1:00 PM starts 4/8/2008 Paint N'Pottery

2180 Paint N' Pottery Rm: 1 classes on Fri
6:30 PM - 9:30 PM starts 4/11/2008 Paint N'Pottery

Art Clay Silver: The Art of Keum-Boo \$150/\$150

In this course you will design a pendant or earrings with silver art clay and 24kt gold foil - might make both if time permits. Course fee includes ALL materials and instruction. Instructor is Tamara Farion. (*Note: Intro. to Art Clay Silver or previous classes taken with Tammy, is a pre-requisite to this class.)

2172 Paint N' Pottery Rm: 1 classes on Fri
6:30 PM - 9:30 PM starts 3/28/2008 Paint N'Pottery

2173 Paint N' Pottery Rm: 1 classes on Thu
10:00 AM - 1:00 PM starts 5/15/2008 Paint N' Pottery

2174 Paint N' Pottery Rm: 1 classes on Thu
6:30 PM - 9:30 PM starts 5/15/2008 Paint N'Pottery

2175 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 1:00 PM starts 6/7/2008 Paint N'Pottery

2185 Paint N' Pottery Rm: 1 classes on Tue
10:00 AM - 1:00 PM starts 3/25/2008 Paint N'Pottery

Art Clay Silver: Using Organic Materials \$140/\$140

Learn how to adapt organic materials with ACS. We will be using a real leaf or cheesecloth and Ary Clay Silver Paste to make a 3-D design. It can be a pendant, earrings or a component for a bracelet. Other organic materials will also be discussed. Course fee includes ALL materials and instruction. Instructor is Tamara Farion. (*Note: Previous class with Tammy or Intro. to Art Clay Silver is a requirement.)

2176 Paint N' Pottery Rm: 1 classes on Wed
10:00 AM - 1:00 PM starts 4/2/2008 Paint N'Pottery

2177 Paint N' Pottery Rm: 1 classes on Wed
6:30 PM - 9:30 PM starts 4/2/2008 Paint N'Pottery

2178 Paint N' Pottery Rm: 1 classes on Sat
1:00 PM - 4:00 PM starts 4/12/2008 Paint N'Pottery

Basic Wire Working

\$70/\$70

Discover the differences between the professional methods vs the more common 'arts and craft' techniques of working with wire. Learn about the best uses for metal eyepins and headpins to create long lasting designs for necklaces, earrings, bracelets and more. In this class we will create an 18" necklace and pair of earrings. Materials available and sold separately at Paint N' Pottery. (This course is a pre-requisite for "Wire Works II"-also avail. at Paint N' Pottery) Look on line for additional classes held the fourth Wednesday of every month. daytime and evening.

2146 Paint N' Pottery Rm: 1 classes on Wed
10:00 AM - 1:00 PM starts 3/26/2008 Paint N'Pottery

2154 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 1:00 PM starts 4/26/2008 Paint N'Pottery

2155 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 1:00 PM starts 6/28/2008 Paint N' Pottery

Beadworks

\$205/\$205

Jewelry artist Brenda Poston takes you step by step in creating 6 different beaded pieces; Gold Netted bracelet, Zig-zag Pearl necklace, Spiral Rope Necklace or Bracelet, Peyote Stitch Bracelet, Chevron Stitch Bracelet, and Beaded Rings. No experience necessary. Some sewing helpful. Materials sold separately and must be purchased through Paint N' Pottery. (average extra cost \$5-\$50/class)

2102 Paint N' Pottery Rm: 6 classes on Thu
6:30 PM - 9:30 PM starts 3/27/2008 Paint N'Pottery

Beading Basics

\$44/\$44

Design and create a 16" necklace or bracelet from an assortment of semi-precious stones, glass, crystal, bone, metal, and ceramic beads. ! Course rate, plus materials -with \$29 credit going toward your bead selection. Look on line for additional classes held the second Wednesday of every month. daytime and evening.

2119 Paint N' Pottery Rm: 1 classes on Wed
6:30 PM - 8:30 PM starts 3/12/2008 Paint N'Pottery

2133 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 12:00 PM starts 4/12/2008 Paint N'Pottery

2137 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 12:00 PM starts 6/14/2008 Paint N'Pottery

Casting Art Clay Silver: Art of the Mold \$140/\$140

Learn how to duplicate favorite designs, statues, buttons, knick-knacks, etc. Course description available on our website. Tamara Farion. Instructor. Course fee includes ALL materials and instruction. (*Note: Prior classes with Tammy or Intro. to Art Clay required)

2181 Paint N' Pottery Rm: 1 classes on Mon
10:00 AM - 1:00 PM starts 5/19/2008 Paint N'Pottery

2182 Paint N' Pottery Rm: 1 classes on Fri
6:30 PM - 9:30 PM starts 5/23/2008 Paint N'Pottery

Earrings, Earrings, Earrings \$40/\$40

Do you like earrings? We'll make lots of them and show you how fun and easy it is to make earrings - you'll never buy another pair! Course fee plus cost of beads purchased from Paint N' Pottery. Look on line for additional classes held the third Wednesday of every month. daytime and evening.

2114 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 12:00 PM starts 4/19/2008 Paint N'Pottery

2156 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 12:00 PM starts 6/21/2008 Paint N'Pottery

2107 Paint N' Pottery Rm: 1 classes on Wed
6:30 PM - 8:30 PM starts 3/19/2008 Paint N'Pottery

Earrings II \$44/\$44

Designed for the beginning beader who didn't get enough advanced information in our Earrings, Earrings, Earrings class. Materials sold separately and must be purchased thru Paint N' Pottery. (*Note: must have taken Earrings I class at PNP) Look on line for additional classes held the fourth Thursday of every month. daytime and evening.

2131 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 12:00 PM starts 3/15/2008 Paint N'Pottery

2158 Paint N' Pottery Rm: 1 classes on Thu
6:30 PM - 8:30 PM starts 3/27/2008 Paint N' Pottery

2160 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 12:00 PM starts 5/17/2008 Paint N'Pottery

Friday Night Kid's Club \$58/\$58

For kids age 7+. Bring them to PNP! They will learn about art, do a project and be entertained. Our painting and/or beading projects are season/holiday oriented and are available every Friday nite (except Holidays) all year long. Call for project details: 215-348-9003. Fee is for three classes.

2125 Paint N' Pottery Rm: 3 classes on Fri
6:30 PM - 8:30 PM starts 1/4/2008 Paint N'Pottery

Hand Built Clay Tea Pot \$79/\$79

In this 3 week course we will play with clay and teach you to make an artistic, one-of-a-kind teapot from the bottom up. Will be food safe after glazing and firing. Class 1- hand building(2-4 hrs), Class 2-glazing (2 hrs.), Class 3- make a beaded handle(1 hr.). No experience with clay needed. All materials included in fee.

2122 Paint N' Pottery Rm: 3 classes on Thu
6:00 PM - 10:00 PM starts 5/22/2008 Paint N'Pottery

2123 Paint N' Pottery Rm: 3 classes on Tue
10:00 AM - 2:00 PM starts 5/20/2008 Paint N'Pottery

Introduction to Art Clay Silver \$100/\$100

Learn the secrets and beauty of Art Clay Silver. In this course we'll work with Silver Art Clay to create a wearable art pendant. The Art Clay Silver is actual 99.99% silver in a clay form. Instructor is Tamara Farion. This course is a pre-requisite to all of our other Art Clay Silver workshops. Course fee includes ALL instruction and materials Look on line for additional classes held the first Wednesday of every month. daytime and evening.

2101 Paint N' Pottery Rm: 1 classes on Wed
10:00 AM - 1:00 PM starts 3/5/2008 Paint N'Pottery

2171 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 1:00 PM starts 3/29/2008 Paint N'Pottery

Mommy, Daddy & Me Projects (Youth) \$50/\$50

For children ages 6 and under. One hour projects that will get them painting and keep them interested - and you'll have a keepsake that could last a lifetime. Projects are usually season/holiday oriented and are offered every other Monday or Tuesday morning thru the year. Call for project details: 215-348-9003. Sign up for any 3. Price includes all materials.

2124 Paint N' Pottery Rm: 3 classes on Mon
10:00 AM - 11:00 AM starts 1/7/2008 Paint N'Pottery

Mosaic Mirror \$200/\$200

This 4 week course is for the experienced Mosaic person or for those who have taken our pre-requisite class in mosaics. We will have you make a detailed mosaic picture around a 12" mirror. The finished piece will measure approx. 24"x 24". All materials included in course fee.

2128 Paint N' Pottery Rm: 4 classes on Fri
6:00 PM - 10:00 PM starts 5/9/2008 Paint N'Pottery

Mosaic Photo Frame \$74/\$74

An excellent course for beginners interested in mosaics. Recycle bits of broken pottery that you have at home or use ours. In sessions 1 & 2 we will break and use special cutting techniques and adhere pieces on to a photo frame. In session 3 we will complete our frame by applying grout. Finished piece will be approx. 8"x10". (*Note: this course is a Pre-requisite to our Mosaic Mirror course offered in May.)

2126 Paint N' Pottery Rm: 3 classes on Thu
6:30 PM - 9:30 PM starts 3/6/2008 Paint N' Pottery

Photo Recipe Cookie Jar \$74/\$74

Never loose Grandma's favorite family cookie recipe again. Bring it with you to class-we will scan it and print it on to special transfer paper. After your cookie jar has been painted and kiln fired, we will transfer the design onto the jar and fire it a second time- making it permanent and food safe. Large size jar included with class. (ex-large size avail. on class day for add'l. \$12.)

2103 Paint N' Pottery Rm: 1 classes on Mon
10:00 AM - 12:00 PM starts 4/21/2008 Paint N'Pottery

2104 Paint N' Pottery Rm: 1 classes on Wed
6:30 PM - 9:00 PM starts 4/23/2008 Paint N'Pottery

Professional Stringing/Pearl Knotting \$180/\$180

During these workshops you will create two complete single-strand necklaces using stringing techniques: A formal-style Swarovski 8mm pearl necklace with clasp and an 'endless' style necklace with no clasp. Course fee includes silk and your color choice of Swarovski 8mm pearls. Other materials sold separately and must be purchased thru Paint N' Pottery.

2167 Paint N' Pottery Rm: 2 classes on Fri
6:30 PM - 9:30 PM starts 3/7/2008 Paint N' Pottery

2168 Paint N' Pottery Rm: 2 classes on Fri
6:30 PM - 9:30 PM starts 4/18/2008 Paint N'Pottery

2169 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 5:00 PM starts 5/3/2008 Paint N' Pottery

Stacked Clay Pot Bird Bath \$64/\$64

This class was so popular with our afterschool kids, we decided to offer it to anyone Age 12 and older. We will use special glazes during this 2 week course to make a birdbath that will be artful, decorative and useful. Class 1-paint, class 2-finish painting & decorate. Includes all materials.

2110 Paint N' Pottery Rm: 2 classes on Fri
6:30 PM - 8:30 PM starts 4/18/2008 Paint N'Pottery

2111 Paint N' Pottery Rm: 2 classes on Fri
6:30 PM - 8:30 PM starts 6/6/2008 Paint N' Pottery

Stained Glass Dragonfly Plate \$74/\$74

We will use some special painting techniques and glazes to make a large rectangular plate look like a work of stained glass. Beautiful, colorful, and food-safe too. Pick colors to match your decor. Audrey Jones will patiently guide you through the special process. No experience necessary.

2142 Paint N' Pottery Rm: 1 classes on Mon
10:00 AM - 1:00 PM starts 3/10/2008 Paint N'Pottery

2143 Paint N' Pottery Rm: 1 classes on Wed
6:30 PM - 9:30 PM starts 3/12/2008 Paint N'Pottery

2144 Paint N' Pottery Rm: 1 classes on Tue
10:00 AM - 1:00 PM starts 5/6/2008 Paint N'Pottery

2145 Paint N' Pottery Rm: 1 classes on Thu
6:30 PM - 9:30 PM starts 5/8/2008 Paint N'Pottery

Stepping Stone for Mom's Garden \$29/\$29

Hey Dad's - bring the kids! This is a fun class and a wonderful keepsake and Mother's Day present. Put the kid's hand and/or footprints in a cement stepping stone that they can decorate. Piece will be dry for Mother's Day. All materials for 10" stone included in course fee.

2105 Paint N' Pottery Rm: 1 classes on Tue
10:00 AM - 12:00 PM starts 4/22/2008 Paint N'Pottery

2106 Paint N' Pottery Rm: 1 classes on Wed
6:30 PM - 8:30 PM starts 4/30/2008 Paint N'Pottery

2108 Paint N' Pottery Rm: 1 classes on Mon
10:00 AM - 12:00 PM starts 5/5/2008 Paint N' Pottery

Swarovski Crystal Heart Pendant \$50/\$50

During this class we will use Swarovski Crystals to make a 1" 3-D Heart Pendant that really shines. Good for everyday and formal wear. Many colors to choose from. Materials at Paint N' Pottery (approx. \$25 in extra cost).

2100 Paint N' Pottery Rm: 1 classes on Tue
10:00 AM - 12:00 PM starts 3/11/2008 Paint N'Pottery

2138 Paint N' Pottery Rm: 1 classes on Fri
6:30 PM - 8:30 PM starts 4/4/2008 Paint N'Pottery

2140 Paint N' Pottery Rm: 1 classes on Mon
10:00 AM - 12:00 PM starts 4/28/2008 Paint N'Pottery

2141 Paint N' Pottery Rm: 1 classes on Fri
6:30 PM - 8:30 PM starts 5/2/2008 Paint N'Pottery

The Art of Using Natural Glazes \$74/\$74

In this workshop you will get to choose pottery (up to a \$50 value) that suits your individual taste, and we will show you how best to apply Natural glazes for a phenomenal finish. We have a couple tricks up our sleeves to teach you. (*Note: This class is scheduled at the same time as our Friday Nite Kid's Club -so maybe you could both do a project.)

2109 Paint N' Pottery Rm: 1 classes on Fri
6:30 PM - 8:30 PM starts 3/28/2008 Paint N'Pottery

Wig-Jig Wire Creations \$50/\$50

The Wig-Jig is an innovative tool which, by means of accurately placing pins or guides, allows you to reproduce perfect shapes in wire. Use different colors and sizes of wire to embellish your bead jewelry designs in ways not possible using other jewelry-making techniques. Class fee includes sufficient wire to make one each of 5 examples: charm, clasp, earwires, and 2 connectors. Bring: round pliers, flat pliers and wire cutters to class. Wig-Jig and other tools sold separately and available at Paint N' Pottery.

2129 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 1:00 PM starts 3/8/2008 Paint N' Pottery

2130 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 1:00 PM starts 5/10/2008 Paint N'Pottery

Wire and Bead Cuff Bracelet \$55/\$55

Thick silver wire is the base of this beautiful bracelet. We will take you through the steps of hammering and wire wrapping. Beads that you choose will determine the color and final cost of your wearable work of art. No experience necessary. Course cost includes sterling silver wire to make base of bracelet, bead costs extra. All materials available at Paint N' Pottery.

2112 Paint N' Pottery Rm: 1 classes on Sat
10:00 AM - 12:30 PM starts 4/5/2008 Paint N' Pottery

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Computers

Basics - How to use a Computer **\$54/\$27**

Not sure where to start? This class is for you if you have little or no experience using the computer. We will learn the parts of the computer and what they do. How to turn the computer off and on. Including the basics of getting around once the computer is on. We will take a brief look at the Internet and email. No previous experience is required.

8027 ESC - 16 Welden Dr. : Comp Lab 2 classes on M/Fr 8:00 AM - 10:00 AM starts 3/3/2008 Inst: Christopher Boyd

8028 ESC - 16 Welden Dr. :Comp Lab 2 classes on M/Fri 8:00 AM - 10:00 AM starts 3/10/2008 Inst: Christopher Boyd

Basics - Internet **\$54/\$27**

Want to learn how to surf? We will learn how to make our way through the web by learning different ways to search and navigate our way around. Want to learn how to buy something? Download a file? Go to a particular site or internet address? This is the class for you

8058 ESC - 16 Welden Dr. Comp Lab: 2 classes on M/Fri 8:00 AM - 10:00 AM starts 3/17/2008 Inst: Christopher Boyd

8059 ESC - 16 Welden Dr. Comp Lab: 2 classes on M/Fri 8:00 AM - 10:00 AM starts 3/24/2008 Inst: Christopher Boyd

Cards, Invitations, Calendars and Flyers **\$30/\$15**

Learn to easily make and create birthday and other cards with a personal touch and flair. Learn how to easily create your own calendar, flyer or a simple brochure. Find out how to use special paper to give it the finishing touch. Little or no experience required.

8094 ESC - 16 Welden Dr. Comp Lab: 2 classes on Wed 8:30 AM - 10:30 AM starts 5/7/2008 Inst: Carol Boyd

Clean Up Your PC! **\$30/\$15**

Is your computer running slower than it used to? Is it time to buy a new PC? Find out some easy things you can do to help your machine run better. Want to get rid of those annoying "Pop Up" windows? Do you have "bugs" in your programs? Are you afraid you might have a virus? We'll review free software you can use to get rid of these pests!

8095 ESC - 16 Welden Dr. Comp Lab: 1 classes on Wed 10:30 AM - 12:30 PM starts 6/4/2008 Inst: Carol Boyd

Computer Hardware, Internet & Email **\$80/\$40**

(Please note – this course is not for you if you use AOL for Internet access) Part 1 – Learn about Windows basics (Operating System); uses for your computer; saving things you create; computer maintenance, basic word processing techniques and more. Part 2 – Learn How To Surf (explore) the Worldwide Web; what the numerous "buttons" on Internet Explorer accomplish; downloading (transfer programs to your computer); tailor your surfing experience to your liking; shopping for "stuff"; auctions for selling and buying; research (search engines), and more. Part 3 – Using and managing your email (Outlook Express) program. Learn about email basics; techniques; creating and managing your address book; attachments; forwarding emails; printing portions of an email; using "fancy stationary", and more. \$10 Lab. fee payable to the Instructor.

8005 ESC - 16 Welden Dr. : Comp Lab 3 classes on Thu 6:00 PM - 9:00 PM starts 5/15/2008 Inst: Raymond Malles

8022 ESC - 16 Welden Dr. : Comp Lab 3 classes on Tue 2:00 PM - 5:00 PM starts 5/13/2008 Inst: Raymond Malles

8024 ESC - 16 Welden Dr. Comp Lab: 3 classes on Tue 9:00 AM - 12:00 PM starts 6/3/2008 Inst: Raymond Malles

Computer Maintenance **\$54/\$27**

This course is designed to help you maintain your computer just as you do your automobile.

8011 ESC - 16 Welden Dr. : Comp Lab 2 classes on Thu 7:00 PM - 8:30 PM starts 6/12/2008 Inst: Raymond Malles

8031 ESC - 16 Welden Dr. : Comp Lab 2 classes on Wed 10:00 AM - 11:30 AM starts 5/21/2008 Inst: Raymond Malles

eBay for Fun and Profit

\$30/\$15

In this class you will learn how to set up an account to buy or sell. How to bid on an item. How to list an item. When is the best time to buy or sell. We will talk about how to bid on an item so you will have the best chance to get it at the best price. How to list your item so that it will get maximum exposure to the people who would want your item. This will be a hands on fun class.

8001 ESC - 16 Welden Dr. Comp Lab: 2 classes on Wed/Thu 6:30 PM - 8:30 PM starts 3/19/2008 Inst: Michael DeCorrevont

8003 ESC - 16 Welden Dr. Comp Lab: 2 classes on Wed/Thu 6:30 PM - 8:30 PM starts 4/23/2008 Inst: Michael DeCorrevont

8004 ESC - 16 Welden Dr. Comp Lab: 2 classes on Wed/Thu 6:30 PM - 8:30 PM starts 3/26/2008 Inst: Michael DeCorrevont

8008 ESC - 16 Welden Dr. Comp Lab: 2 classes on Wed/Thu 6:30 PM - 8:30 PM starts 4/16/2008 Inst: Michael DeCorrevont

Selling and Buying on Ebay and the Web **\$30/\$15**

Make some extra cash selling things you don't need. Shop without leaving your home. Order and download your favorite music. Buy clothes from a department store or catalog. Search for a car. Look for real estate or vacation home rentals. This is an intro class for those who have no previous experience but want to begin to learn how to buy and sell on the web.

8065 ESC - 16 Welden Dr. Comp Lab . 2 classes on Wed 8:30 AM - 10:30 AM starts 5/21/2008 Inst: Carol Boyd

Just The Basics - Part 1

\$30/\$15

New to computing? Want to know what you got yourself into? We will explore the basics of using Windows and Hardware & look at the difference between a floppy drive & a hard drive. What is a desktop, icons and how to find stuff. This course is hands on fun!

8038 ESC - 16 Welden Dr. Comp Lab: . 1 classes on Thu 6:30 PM - 8:30 PM starts 3/6/2008 Inst: Michael DeCorrevont

Just the Basics - Part 2 **\$30/\$15**

This is the follow up class to Just the Basics – Part 1.

8040 ESC - 16 Welden Dr. Comp Lab: 1 classes on Wed 6:30 PM - 8:30 PM starts 3/12/2008 Inst: Michael DeCorrevont

Microsoft Access I **\$85/\$85**

This database management class concentrates on the basics of Access: the design and characteristics of tables, queries, forms and reports. You will add, view and edit data; sort and filter records, plus more. Windows knowledge is required. Book may be purchased for \$25.

8002 Groveland Elementary Comp Lab: 3 classes on Wed 6:00 PM - 8:00 PM starts 3/5/2008 Inst: Marcus Statham

Microsoft Access II **\$85/\$85**

This is the follow up class to Microsoft Access I. Access knowledge is required. Book may be purchased for \$25.

8030 Groveland Elementary Comp Lab: 3 classes on Wed 6:00 PM - 8:00 PM starts 3/26/2008 Inst: Marcus Statham

Microsoft Excel - Level 1 **\$85/\$85**

Explore worksheet basics, entering data, working with formulas, ranges, functions, copying data, formatting worksheets, printing and navigating within Excel. Prerequisite: Intro to Windows and MS Word, mouse or equivalent expertise. Book may be purchased for \$25.

8070 ESC - 16 Welden Dr Comp Lab: 4 classes on Wed 10:30 AM - 12:30 PM starts 3/5/2008 Inst: Carol Boyd

8007 ESC - 16 Welden Dr. Comp Lab: 4 classes on Thu 4:30 PM - 6:30 PM starts 3/6/2008 Inst: Julie Marchesi

Microsoft Excel - Level 2 **\$85/\$85**

Gain confidence in working with charts, graphs, sorting and filtering data using Excel's powerful tools. Prerequisite: Excel Intro or equivalent experience. Book may be purchased for \$25.

8034 ESC - 16 Welden Dr. Comp Lab: 4 classes on Wed 10:30 AM - 12:30 PM starts 4/9/2008 Inst: Carol Boyd

8017 ESC - 16 Welden Dr. Comp Lab: 4 classes on Thu 4:30 PM - 6:30 PM starts 4/3/2008 Inst: Julie Marchesi

Microsoft Outlook - Level 1

\$85/\$85

Manage sending, receiving and filing mail messages. Learn additional handling options such as creating multiple signatures. Create and organize personal folders. Create and edit appointments and email contacts.

8009 ESC - 16 Welden Dr Comp Lab: 3 classes on Thu 5:00 PM - 7:00 PM starts 5/1/2008 Inst: Julie Marchesi

Microsoft Word Level 1 **\$85/\$85**

This introductory course covers the basics of working with text which includes editing and formatting. Also taught will be paragraph alignment, setting margins and tabs, creating simple labels, and using printing tools. This is a PREREQUISITE for additional MS OFFICE application courses. The PREREQUISITE for this course is Windows - Level 1 or equivalent experience. Book may be purchased for \$25.

8012 ESC - 16 Welden Dr Comp Lab : 4 classes on Wed 8:30 AM - 10:30 AM starts 3/5/2008 Inst: Carol Boyd

8048 ESC - 16 Welden Dr Comp Lab : 3 classes on Mon 6:30 PM - 9:30 PM starts 3/3/2008 Inst: Julie Marchesi

Microsoft Word Level 2 **\$85/\$85**

This Microsoft Word course is a continuation of WORD 2000-LEVEL 1. Learn how to create and format tables, work with Clip Art and Drawing Tools, section breaks, and Mail Merge. Book may be purchased for \$25. PREREQUISITE: Word Level 1 and Windows Level 1 or equivalent experience.

8093 ESC - 16 Welden Dr Comp Lab 4 classes on Wed 8:30 AM - 10:30 AM starts 4/9/2008 Inst: Carol Boyd

8049 ESC - 16 Welden Dr Comp Lab : 3 classes on Mon 7:00 PM - 9:30 PM starts 3/24/2008 Inst: Julie Marchesi

Microsoft PowerPoint **\$85/\$85**

Using the powerful Microsoft Powerpoint package you will acquire the skills necessary to develop & present professional, high quality presentations utilizing text, graphics, animation effects, and slide transitions. This is a beginner level course for those with little or no experience with the program. PREREQUISITE: Windows Level 1 & MS Word 2000 Level 1 or equivalent experience. Book may be purchased for \$25.

8050 ESC - 16 Welden Dr. Comp Lab: 3 classes on Mon 6:30 PM - 9:30 PM starts 4/14/2008 Inst: Marcus Statham

Quickbooks Level 1 - Get Going 2006 **\$85/\$85**

QuickBooks is designed to introduce students to the basics of business invoicing and bookkeeping. Students will learn how to set up a company using company, job, employer, vendor lists, inventory, invoicing and work with bank accounts. All students must be familiar with keyboard. Book available for \$25

8015 ESC - 16 Welden Dr. Comp Lab: 3 classes on Tue 6:30 PM - 9:00 PM starts 3/4/2008 Inst: Dot Branson

Quickbooks Level 2- Keep Going 2006 **\$85/\$85**

8023 ESC - 16 Welden Dr. Comp Lab: 3 classes on Tue 6:30 PM - 9:00 PM starts 3/25/2008 Inst: Dot Branson

Searching The Net With Google **\$30/\$15**

Learn the proper way to perform (research) Internet searches. Do you know how to find information about a specific subject by searching the Internet and not going to the Library? There's a wealth of knowledge available just for the asking BUT there is a right way and wrong way to search for it. Learn the "techniques of searching" to find the correct answers quickly and easily. Also learn about Search Engines other than Google.

8020 ESC - 16 Welden Dr. Comp Lab 1 classes on Wed 9:00 AM - 11:00 AM starts 6/18/2008 Inst: Raymond Malles

8021 ESC - 16 Welden Dr. Comp Lab 1 classes on Fri 7:00 PM - 9:00 PM starts 5/23/2008 Inst: Raymond Malles

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Web Site Creation and Design

\$85/\$85

Create business or personal web sites and pages that get noticed. Perfect for the beginner or someone with some experience who wants to learn more. Topics include: ways to create your site, get it included in searches, how to register your new domain name, where to host your site, creating links, menus, colors, backgrounds, design themes, graphics, multimedia, thumbnailing, and hit counters. Prerequisite: Knowledge of PCs and Word Processing or equivalent.

8063 ESC - 16 Welden Dr. Comp Lab: 4 classes on Wed 10:30 AM - 12:30 PM starts 5/7/2008 Inst: Carol Boyd

Zen Outlook

\$35/\$35

Overwhelmed by e-mail? Do you always seem to have some messages in your inbox that you just don't know what to do with? Maximize the use of your calendar, task list, and notes and reduce stress. You must have your own laptop/notebook computer with Outlook 2003, and already be familiar with the basics of Outlook. This is a hands on class!

8010 ESC - 16 Welden Dr. : Training Room 1 classes on Wed 7:00 PM - 10:00 PM starts 3/5/2008 Inst: Stuart Halasz

8013 ESC - 16 Welden Dr : Training Room 1 classes on Wed 7:00 PM - 10:00 PM starts 3/12/2008 Inst: Stuart Halasz

8014 ESC - 16 Welden Dr : Training Room 1 classes on Wed 7:00 PM - 10:00 PM starts 4/2/2008 Inst: Stuart Halasz

8018 ESC - 16 Welden Dr : Training Room 1 classes on Wed 7:00 PM -10:00 PM starts 4/9/2008 Inst: Stuart Halasz

8019 ESC - 16 Welden Dr : Training Room 1 classes on Wed 7:00 PM - 10:00 PM starts 4/30/2008 Inst: Stuart Halasz

8025 ESC - 16 Welden Dr : Training Room 1 classes on Wed 7:00 PM - 10:00 PM starts 5/7/2008 Inst: Stuart Halasz

8026 ESC - 16 Welden Dr : Training Room 1 classes on Wed 7:00 PM -10:00 PM starts 5/28/2008 Inst: Stuart Halasz

Cooking

Baking with Whole Foods

\$30/\$30

If you love to bake but would like to increase your use of whole grains and decrease your use of refined sugar, this is the class for you. In addition to preparing delicious, whole grain treats we will discuss ways to convert your favorite recipes at home. Emphasizes natural, whole foods with delicious results. Baked goods will be enjoyed in class or wrapped and sent home to be tasted later. \$15 materials fee to instructor.

1004 Tohickon MS Consumer Science Suite: 1 classes on Wed 6:30 PM - 9:00 PM starts 3/5/2008 Inst: Lisa Streetsmith

Cake Decorating

\$45/\$45

Professional Baker/Decorator will teach you some tricks of the trade. Learn how to decorate your cake like the professionals. Learn many techniques such as Base Icing, Bordering, Roses, Drop Flowers, Balloons, Holiday Designs, Character and Theme Cakes. \$20 fee for supplies payable to instructor on the first night of class

1030 Unami MS Consumer Science Suite: 5 classes on Tue 7:00 PM - 8:30 PM starts 3/4/2008 Inst: Jeff Dry

Crazy About Cupcakes

\$40/\$40

Professional Baker/Decorator will teach you how to decorate and fill your cupcakes. You will be given different recipes for cupcakes and fillings each class. . \$10 fee for supplies payable to instructor on the first night of class.

1001 Unami MS Consumer Science Suite: 4 classes on Mon 7:00 PM - 8:00 PM starts 3/3/2008 Inst: Jeff Dry

Dairy-free Cooking

\$30/\$30

There are many reasons to reduce our intake of dairy products: allergies, congestion, cholesterol, and more. Discuss strategies for going dairy free and to prepare delicious dairy-free dishes. This is a hands on class, \$15 materials fee Meal will be enjoyed at the conclusion of class.

1003 Tohickon MS Consumer Science Suite: 1 classes on Wed 6:30 PM - 9:00 PM starts 3/26/2008 Inst: Lisa Streetsmith

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Gluten-free Cooking

\$30/\$30

If you or someone you cook for has a gluten sensitivity or celiac disease, avoiding gluten can be critical. Join Lisa Streetsmith, Health Counselor and Cooking Coach, to discuss gluten free food preparation and to prepare gluten-free foods together. There will be an emphasis on whole, unrefined foods. We will share what we have prepared at the conclusion of class. There is a \$15 materials fee to be paid to instructor.

1007 Tohickon MS Consumer Science Suite: 1 classes on Wed 6:30 PM - 9:00 PM starts 6/11/2008 Inst: Lisa Streetsmith

Italian Cooking

\$50/\$50

Enjoy the flavors of the various regions of Northern and Southern Italy, Italian and Italian American Recipes. Dine with us every Thursday. Learn the ingredients, the flavors, the what, where, when and how. This is not a "hands-on" course. Recipes will be provided verbally. Your instructor is European educated and an instructor chef. Chef Joseph Giungo, Russell School London. Lab fee \$75, payable to instructor first night of class, is non-refundable. There will be no class March 20 and April 3.

1020 CB South Consumer Science Suite: B205 7 classes on Thu 7:15 PM - 9:00 PM starts 3/6/2008 Inst: Joseph Giungo

Kids in the Kitchen

\$30/\$30

This hands-on course for kids ages 7 to 10 will provide them with the opportunity to have fun making their own meal while learning about making healthy food choices. We will eat dinner together at the conclusion of class. There is a \$15 materials fee to be paid to instructor.

1008 Tohickon MS Consumer Science Suite: 1 classes on Thu 5:00 PM - 7:00 PM starts 5/29/2008 Inst: Lisa Streetsmith

Meals for the Weight-Conscious Cook

\$30/\$30

We will discuss the facts about carbs, fats, and proteins as we prepare meals that will satisfy your taste buds and appetites as well as have a positive impact on your waistline. This is a hands on class, The meal will be enjoyed at the conclusion of class. \$15 materials fee to be paid to instructor.

1005 Tohickon MS Consumer Science Suite: 1 classes on Tue 6:30 PM - 9:00 PM starts 4/15/2008 Inst: Lisa Streetsmith

Vegetarian Meals with Kid Appeal

\$30/\$30

Do you dream of preparing vegetarian meals that your whole family will enjoy? Are the only vegetarian meals your kids enjoy pizza and spaghetti? . When the cooking is done we will enjoy the meal together. \$15 materials fee to be paid to instructor at class.

1002 Tohickon MS Consumer Science Suite: 1 classes on Wed 6:30 PM - 9:00 PM starts 4/30/2008 Inst: Lisa Streetsmith

Dance

Ballroom and Swing Dancing

\$106/\$106

Come and join us. Jump, Jive and Walt then segue to the waltz. Lessons will start with the basics and work up to the fun stuff. These classes will get the beginner started and increase the knowledge of the more advanced dancer. Fee is per person.

3003 Cornerstone Fitness : 8 classes on Wed 8:00 PM - 9:00 PM starts 3/5/2008 Inst: Staff .

Ballroom Dancing

\$100/\$100

Join the many others who are learning this very popular & fun-filled form of dancing. Easy-to-follow instructions teach you the basic steps & styling in the foxtrot, swing, waltz, rumba, cha cha & polka. Instruction features group & personalized attention. Singles welcomed, however, having a partner is strongly suggested. Please no sneakers or sandals. Optional-bring a partner free & provide partner's name when registering.

3045 CB East Cafeteria 10 classes on Tue 7:00 PM - 9:00 PM starts 3/4/2008 Inst: Chris & Diane Brown

Belly Dancing - Intermediate

\$85/\$65

For students with some belly dancing experience. Get into this exotic and light-hearted dance workout. Strengthen abdominals and promote body awareness while having fun. This class will build on basic belly dancing moves, and begin to incorporate props such as veils.

3009 Cornerstone Fitness : 8 classes on Wed 8:00 PM - 9:00 PM starts 3/5/2008 Inst: Staff .

Belly Dancing 101

\$85/\$65

Learn this exotic, light-hearted dance and tone your whole body all at the same time. Strengthen abdominals and promote body awareness while having fun. This class is at the Cornerstone New Hope location, 415 S. York Road, New Hope. Directions available by calling 215-862-2200 or log onto cornerstonehealthandfitness.com.

3010 Cornerstone Fitness New Hope 8 classes on Mon 7:30 PM - 8:30 PM starts 3/3/2008 Inst: Staff .

3025 Cornerstone Fitness Furlong 8 classes on Wed 7:00 PM - 8:00 PM starts 3/5/2008 Inst: Staff .

Friday Date Night Dance

\$199/\$175

Get in on this great couples only class and start the weekend with your partner on the right foot! This class covers a variety of popular dance styles (latin, swing, and, of course, DISCO) and will get you moving in no time! Look great on the dance floor next time you hit the club! Price is per couple.

3008 Cornerstone Fitness New Hope 8 classes on Fri 6:30 PM - 7:30 PM starts 3/7/2008 Inst: Staff .

3001 Cornerstone Fitness Furlong: 8 classes on Fri 6:30 PM - 7:30 PM starts 3/7/2008 Inst: Staff .

Latin/Ballroom Dance - Level I

\$106/\$94

Come and learn all those moves you've been watching on Dancing with the Stars! Lessons will include multiple dance styles and are perfect for the beginner or the intermediate dancer wanting to improve their steps. No partner necessary! Wear comfortable clothes and leather-soled dress shoes. Fee is per person. PLEASE NOTE: This class is held at the Cornerstone New Hope location 415 S. York Road, New Hope. Directions are available by calling 215-862-2200

3006 Cornerstone Fitness New Hope : 8 classes on Tue 7:15 PM - 8:15 PM starts 3/4/2008 Inst: Staff .

3064 Cornerstone Fitness Furlong 8 classes on Tue 7:45 PM - 8:45 PM starts 3/4/2008 Inst: Staff .

Latin/Ballroom Level 2

\$106/\$94

For experienced Latin and Ballroom dancers, Fee is per person.

3092 Cornerstone Fitness : 7 classes on Mon 8:00 PM - 9:00 PM starts 3/3/2008 Inst: Staff .

Teen/Adult Hip Hop

\$106/\$94

Come and learn the newest, hottest dance craze with our fun, hip, experienced teachers. Get a great workout while having a blast learning to dance to today's fun, upbeat music. Ages 15 and up.

3042 Cornerstone Fitness : 8 classes on Thu 7:45 PM - 8:45 PM starts 3/6/2008 Inst: Staff .

Driver Education

AARP - Driver Safety Program

\$10/\$10

An eight hour refresher course designed especially for motorists 50 and over. It covers normal changes in vision, hearing and reaction time, and provides practical techniques to compensate for these changes. The program fosters safer driving practices, continued mobility, and a discount in auto insurance premiums in a majority of states. There are no tests.

9101 CB South Rm: C205 2 classes on Wed, Thu 6:00 PM - 10:00 PM starts 5/7/2008 Inst: Ralph Ranghelli

9102 CB East Rm: 118 2 classes on Wed, Thu 6:00 PM - 10:00 PM starts 5/14/2008 Inst: Ralph Ranghelli

Driver Education

Description on our website Attendance Mandatory

9103 CB South Rm: C234 15 classes on T,w,th
3:00 PM - 5:00 PM starts 3/4/2008 Inst: Irene Metcoff

9104 CB South Rm: C234 15 classes on T,w,th
5:00 PM - 7:00 PM starts 3/4/2008 Inst: Irene Metcoff

9105 CB South Rm: C234 15 classes on T,w,th
3:00 PM - 5:00 PM starts 4/15/2008 Inst: Irene Metcoff

9106 CB South Rm: C234 15 classes on T,w,th
5:00 PM - 7:00 PM starts 4/15/2008 Inst: Irene Metcoff

109 CB East Rm: 108 15 classes on M,t,th
3:00 PM - 5:00 PM starts 3/3/2008 Inst: Jerry Alampi

9110 CB East Rm: 108 15 classes on M,t,th
5:05 PM - 7:05 PM starts 3/3/2008 Inst: Jerry Alampi

9111 CB East Rm: 106 15 classes on M,t,th
3:00 PM - 5:00 PM starts 4/14/2008 Inst: Jerry Alampi

9112 CB East Rm: 106 15 classes on M,t,th
5:05 PM - 7:05 PM starts 4/14/2008 Inst: Jerry Alampi

9113 CB West Rm: 44 15 classes on T/t
3:15 PM - 5:15 PM starts 3/4/2008 Inst: Garrett Szagola

125/\$125

Home Buyers Seminar

\$30/\$15

During the seminar you will learn: Everything about the home buying process, how to buy with only a small down payment, which mortgage is best for you. To take advantage of government incentives for first-time home buyers, how much you can afford on your present income, to find the perfect home and location in your price range, to negotiate the best price for your new home, the importance of a home inspection, how you can save time, trouble and money with your own representative.

5010 CB South Rm: C204 1 classes on Thu
7:00 PM - 9:00 PM starts 3/6/2008 Inst: Christene Jordan

Investing Financial/Retirement Planning \$30/\$15

This class gives an overview of the basics of investing, providing attendees with the necessary tools to determine their financial risk tolerance and develop an investment strategy utilizing appropriate asset allocation. Takes into consideration various investment products and techniques in today's market. Reviews account types for Education and Retirement Planning Strategies.

5002 CB East Rm: 101 1 classes on Tue
7:00 PM - 9:00 PM starts 3/11/2008 Inst: Christine Dare-Smith, Financial Advisor, Smith Barney, Division of Citigroup Global Markets, Inc.

Language & Literature

American Sign Language Level 1-A

\$60/\$60

This course introduces American Sign Language Level 1 Course description available on our website-A. Note: There are two separate fees; one for the class itself to Central Bucks Community School, and on the first night please pay the instructor \$60.00 either cash or check for Materials fee - VISTA Signing Naturally, Level 1 Student book and DVD.

7010 CB West Rm: 73 8 classes on Mon
7:00 PM - 9:00 PM starts 3/3/2008 Inst: June Goodwin

American Sign Language Level 1-B

\$50/\$50

7003 CB West Rm: 61 8 classes on Tue
7:00 PM - 9:00 PM starts 3/4/2008 Inst: June Goodwin

American Sign Language Level 1-C

\$50/\$50

7023 CB West Rm: 61 8 classes on Wed
7:00 PM - 9:00 PM starts 3/5/2008 Inst: June Goodwin

Chinese

\$105/\$105

Interested in learning about a fascinating culture and its beautiful language? Here's a unique opportunity to learn to converse in Chinese. The course is specifically designed for beginners and will introduce them to 'pinyin' as a basis for daily conversation and provide a basis for continuing with more advanced courses. Additional charge for textbook due the first night of class payable to the Institute for Foreign Languages. No class March 18, 2008.

7015 Lenape MS Rm:44 10 classes on Tue
7:00 PM - 8:30 PM starts 3/4/2008 Institute for Foreign Language

Creative Writing

\$65/\$65

Do you yearn to write but don't know where to begin? Learn how to view the world through the eyes of a writer, tap into your creative mind, unleash your writing inhibitions, and stimulate your creativity by allowing expressive thoughts to flow freely. Class exercises will motivate, inspire, and encourage beginning and seasoned writers. Bring a pen, paper and your imagination. Instructor: Donna Dvorak, Journalist, Editor, author of Chelton Manor, Sensational Singles and Friendly Sins.

7024 CB South Rm: C228 6 classes on Mon
7:00 PM - 9:00 PM starts 3/3/2008 Inst: Donna Dvorak

English for Non-English : Level 1 Beginner \$95/\$95

Beginning ESL level course for non-English speakers to help improve vocabulary, reading comprehension, sentence structure and the ability to converse. Designed for the "limited English speaker". Additional charge for textbook due the first night of class payable to instructor. No class 3/19/08.

7007 Lenape MS Rm:45 10 classes on Wed
7:00 PM - 8:30 PM starts 3/5/2008 Institute for Foreign Language

English for Non-English : Level 2

\$95/\$95

A continuation of beginning ESL for students who are beyond a beginning level but who are limited in their ability to use English. Additional charge for textbook due first night of class payable to instructor. No class 3/20/08.

7013 Lenape MS Rm:45 10 classes on Thu
7:00 PM - 8:30 PM starts 3/6/2008 Institute for Foreign Language

ESL for Spanish Speakers

\$95/\$95

ESL for Spanish speakers to meet the needs of employers and their Spanish speaking employees. The Institute is offering a hands on basic english conversation course designed to help Spanish speakers practice basic American English speech patterns. Additional charge for textbook due first night of class payable to instructor. No class March 20, 2008.

7006 Lenape MS Rm:41 10 classes on Thu
7:00 PM - 8:30 PM starts 3/6/2008 Institute for Foreign Language

French - Beginner

\$95/\$95

Begin your French journey now and by the end of this first session, you will be able to ask and to answer simple questions, understand the function of the language and, at the same time, build a foundation for further exploration. Book sold separately. No class March 24, 2008.

7008 Lenape MS Rm:42 10 classes on Mon
7:00 PM - 8:30 PM starts 3/3/2008 Institute for Foreign Language

French - Beyond Beginner

\$95/\$95

A continuation of our beginning French. A chance to brush up on your conversational speaking ability. Additional charge for textbook due first night of class payable to instructor. . No class March 20, 2008.

7001 Lenape MS Rm:41 8 classes on Thu
7:00 PM - 8:30 PM starts 3/6/2008 Institute for Foreign Language

German - Beginner

\$95/\$95

Planning a trip to Germany? Interested in German language or heritage? This beginner's course is for you! Additional charge for textbook due first night of class payable to instructor. . No class on March 20, 2008.

7002 Lenape MS Rm: 42 10 classes on Thu
7:00 PM - 8:30 PM starts 3/6/2008 Institute for Foreign Language

German - Beyond Beginner

\$95/\$95

A continuation of the Beginning German course to help you speak more fluently. Additional charge for textbook due first night of class payable to instructor.

7009 Lenape MS Rm 43: 10 classes on Mon
7:00 PM - 8:30 PM starts 3/3/2008 Institute for Foreign Language

Italian - Beginner

\$95/\$95

Planning a trip to Italy? Interested in Italian culture? This beginner's course is for you! Additional charge for textbook due first night of class payable to instructor. Sections close with 30 students, any additional students will be placed on a waiting list. No class March 18, 2008.

7005 Lenape MS Rm: 41 10 classes on Tue
7:00 PM - 8:30 PM starts 3/4/2008 Institute for Foreign Language

Italian - Beyond Beginner

\$95/\$95

A continuation of beginner Italian and the chance to learn to converse more easily. Additional charge for textbook due first night of class payable to instructor. No class March 18, 2008.

7011 Lenape MS Rm:42 10 classes on Tue
7:00 PM - 8:30 PM starts 3/4/2008 Institute for Foreign Language

Jane Austen 101

\$66/\$66

If you saw the movie "Becoming Jane," did you wonder how much was factual? Are you aware that Masterpiece Theater will broadcast adaptations of all six Austen novels, starting January 2008? Why does Jane Austen remain so popular? Sign up for Jane Austen 101 to learn about her genius and her life as we read Pride and Prejudice, her most popular – and funniest – novel.

7017 CB South Rm: C207 6 classes on Thu
7:00 PM - 8:00 PM starts 4/3/2008 Inst: Elizabeth Steele

Finances & Investing

Answers To Long Term Care Insurance \$30/\$15

Is this insurance right for you? How do you compare various policies? Learn what options affect premiums and what to consider when obtaining proposals. Every participant will receive a copy of "A Shopper's Guide to Long Term Care Insurance" and meaningful handouts.

5029 CB South Rm: C202 1 classes on Tue
7:00 PM - 8:30 PM starts 5/13/2008 Inst: Mary Louise Smith

Everything About Long Term Care \$30/\$15

A very informative review of important long-term care issues. What will Medicare, Medicaid, and your health insurance cover? How do the tax laws affect long term care? Why traditional nursing homes are becoming a "thing of the past". How do Assisted Living Facilities and Continuing Care Retirement Communities differ in the entrance fee required, their daily cost, the level of care provided, and the eligibility for admission? What are the pros and cons of Home Health Care? How much do facilities and home health care agencies actually charge for care? Learn how to evaluate and compare long-term care insurance policies, how to understand the many confusing choices and options they offer, and how to deal with the agents who sell this insurance.

5003 CB South Rm: C201 1 classes on Wed
7:00 PM - 9:15 PM starts 3/12/2008 Inst: Charles Klayman

5012 CB East Rm: 106 1 classes on Wed
7:00 PM - 9:15 PM starts 3/26/2008 Inst: Charles Klayman

Financial Aid Night \$30/\$15

Learn critical information not covered at financial aid night. Learn 10 costly mistakes most parents make; avoid them. Qualify for aid regardless of income and assets. Learn what to expect in financial aid before you visit/apply. Review divorced/remarried dilemma.

5001 CB South Rm: C229 1 classes on Tue
7:00 PM - 8:30 PM starts 3/4/2008 Inst: William Thomas

Got Cost\$?? Control Them!! \$25/\$12

Costs impact the bottom line. This is also true with investing. Unfortunately, many have no idea what their total investment costs are. This knowledge is of VITAL importance, because it is your money. Know what your true costs are, and how those costs can be controlled.

5000 CB West Rm: TBA 1 classes on Wed
7:00 PM - 9:00 PM starts 3/12/2008 Inst: Jonathan McSurdy

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbcsonline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Japanese

\$105/\$105

Here's your chance to unlock the mystery of the Japanese language and get a bird's eye view of its exotic cultural traditions. This course is for beginners, but before the end of the 10-week course, you will be able to distinguish Hiragana from Katakana and Kanji and you should be able to introduce yourself in acceptable Japanese. Fee for textbook will be collected by the instructor on first night. No class March 18, 2008.

7020 Lenape MS Rm:46 10 classes on Tue
7:00 PM - 8:30 PM starts 3/4/2008 Institute for Foreign Language

Spanish - Beginner

\$95/\$95

Learn to speak Spanish through active participation in this class for people with little or no experience with the language. Additional charge for textbook due first night of class payable to instructor. No class March 19, 2008.

7012 Lenape MS Rm: 45/47 10 classes on Wed
7:00 PM - 8:30 PM starts 3/5/2008 Institute for Foreign Language

Spanish - Beyond Beginner

\$95/\$95

A continuation of beginner Spanish using the second part of the text. Newcomers who are beyond the basics will feel comfortable. Additional charge for textbook due first night of class payable to instructor. No class March 18,

7014 Lenape MS Rm: 43 8 classes on Tue
7:00 PM - 8:30 PM starts 3/4/2008 Institute for Foreign Language

The Secrets of Handwriting

\$54/\$27

Learn what makes people tick by analyzing the strokes of their handwriting. Use handwriting analysis to amuse yourself, entertain others or make additional income for yourself.

7004 CB East Rm: 111 4 classes on Thu
7:00 PM - 9:00 PM starts 3/6/2008 Inst: Allan Grim

LifeLong Learning

Adding Some Zip to Your Retirement

\$30/\$15

Whether you are planning your retirement or are now retired you will be informed and invigorated by this class. It does not address financial planning concerns but answers the question, "how am I going to enjoy my retirement years?" If possible please attend with your life partner.

4009 CB South Rm:C234 1 classes on Mon
7:00 PM - 9:00 PM starts 3/3/2008 Inst: Charlie Rosboschil

Babysitting Workshop

\$48/\$48

This 6 hour program is presented to children in upper elementary grades. It is designed to help young people become more qualified and responsible as baby-sitters. Through discussion, videos and activities the participants will explore the role of babysitter. Safety of the baby-sitter and the children for whom she/he is responsible is stressed. A certificate is awarded upon successful completion of the course.

4006 Pine Run Elementary Rm:TBA 4 classes on Tue
3:30 PM - 5:00 PM starts 3/4/2008 Inst: Staff .

4007 Kutz Elementary School Rm:TBA 4 classes on Wed
3:45 PM - 5:15 PM starts 4/9/2008 Inst: Staff .

4010 Linden Elementary Rm: TBA 4 classes on Wed
4:00 PM - 5:30 PM starts 3/5/2008 Inst: Staff .

An Intro to Professional Voice-acting

\$30/\$15

An Introduction to professional voice overs Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet. We will cover all the basics, including how to prepare the all - important demo, how to be successful and earn great income in this exciting field.

4008 CB East Rm:111 1 classes on Thu
6:30 PM - 9:00 PM starts 4/17/2008 Inst: David Bourgeois

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Patent And Profit From Your Invention

\$30/\$15

Do you have an invention or a new idea? Did you like the show American Inventor? Then this one night lecture is for you. This class will inform students with all they need to know concerning how to patent and successfully market their invention. The class will also inform inventors of the many pitfalls that exist in the world of inventions, including invention companies and marketing agencies. The class is given by a Registered Patent Attorney who has successfully obtained several hundred patents.

4001 CB East Rm: 114 1 classes on Thu
7:00 PM - 9:30 PM starts 4/3/2008 Inst: Eric LaMorte

Medical Secretary

\$50/\$25

Medical Secretaries can work in a variety of settings---hospitals, doctor's office, medical laboratory, medical publishing, pharmaceutical company. Topics to be covered include introduction to medical terminology and human anatomy, telephone, appointment scheduling, medical billing.

4005 CB South Rm: C230 8 classes on Mon
7:00 PM - 9:00 PM starts 3/3/2008 Inst: Joan Maguire

Ready, Set, Sell!

\$35/\$35

Today's housing market requires special attention to detail when selling your home. Is your home show ready? Real Estate Staging is all about the importance of first impressions and the message your home may be sending to a potential buyer.

4003 CB West Rm: TBA 1 classes on Tue
7:00 PM - 9:00 PM starts 4/15/2008 Inst: Kim Boyer

Real Estate is Alive and Well in Bucks Co!

\$30/\$15

Despite the media hype about real estate sales in a slump, the statistics show housing is still doing well in this area. Come learn how the market has changed to a buyers market and how that can work in your favor.

4002 CB West Rm: TBA 1 classes on Mon
7:00 PM - 10:00 PM starts 3/24/2008 Inst: Susie Onraet

Sports & Recreation

Basic Coastal Navigation

\$72/\$72

Instructors are Coast Guard Auxiliaries. This eight-class course will cover the basics of navigation, navigator's tools and publications, marine magnetic compass, nautical chart, dead reckoning, piloting, current sailing, tides and tidal currents, marine electronics, and course plotting on nautical charts. Students will complete a homework cruise on Narragansett Bay. A Coast Guard certificate will be issued upon completion of course. Fee includes: textbook, student workbook, nautical chart and student handouts.

6031 CB South Rm:C230 8 classes on Tue
7:00 PM - 10:00 PM starts 3/4/2008 Inst: Bruce Baumann

Basic Entomology

\$35/\$35

This hands on course will teach you how to identify, preserve, and match the stream insects, minnows, etc. found in local waters. On water course. Hip boots required. Any questions please call Mainstream Outfitters at 215-766-1244.

6002 Mainstream Outfitters : 1 classes on Sat
8:00 AM - 11:00 AM starts 5/10/2008 Inst: Staff .

Beginners Fly Tying Course

\$65/\$65

Learn how to tie your own flies in a fun, relaxed environment. In a matter of minutes you will be able to tie a fly that will catch fish! Materials included. For more info please call Mainstream Outfitters at 215-766-1244.

6006 Mainstream Outfitters : 4 classes on Wed
6:30 PM - 8:30 PM starts 2/6/2008 Inst: Staff .

Boot Camp

\$199/\$199

This intensive six week course is for those who are ready to take on a fitness challenge! Designed for all fitness levels, this course is an intense combination of strength and cardiovascular exercises and a whole lot of sweat. Participants must be 18 years or older. Mandatory orientation for first-time Boot Campers will be on Sunday, March 1 at 10:00 a.m.

6025 Cornerstone Fitness : 18 classes on T/W/Th
6:00 AM - 7:00 AM starts 3/11/2008 Inst: Staff .

Bridge instructions... basic

\$50/\$50

This course is for the person with little - or no knowledge of the game of Bridge. Fundamental teaching will have you bidding and playing of the cards. This is a fun course - where you can meet new partners - and enjoy the game.

6001 CB East Rm: 113 6 classes on Wed
5:00 PM - 7:00 PM starts 3/26/2008 Inst: Doty Ehling

Bridge instructions intermediate/advanced

\$50/\$50

Fun time will be had when you learn the new short cuts to bidding and playing better bridge.. by the use of modern conventions and wise defense.

6033 CB East Rm: 113 6 classes on Wed
7:00 PM - 9:00 PM starts 3/26/2008 Inst: Doty Ehling

Cardio Kickboxing

\$85/\$65

This multi-level cardio class puts the entire body to use, head to toe! Upper body punching and lower body kicking combine to enhance core training as well in this high energy class. No experience needed to have fun - all fitness levels welcome!

6088 Cornerstone Fitness : 8 classes on Tue
6:30 PM - 7:30 PM starts 3/4/2008 Inst: Staff .

6089 Cornerstone Fitness : 8 classes on Sun
10:30 AM - 11:30 AM starts 3/9/2008 Inst: Staff .

CENTRE PILATES: Pilates Chair Class

\$175/\$175

Feel energized, flexible and truly strengthened! The full benefit of Pilates can only be achieved through the intelligent application of a variety of specifically designed equipment, as featured at CENTRE PILATES®. Call the studio for more information @ 215 579-0007 or www.centrepilates.net Cost: \$175 (5 classes) \$250 (10 classes). Location: CENTRE PILATES (R) 20D, Newtown/Richboro Road, Newtown, PA 18940

6048 Centre Pilates Studio 5 classes on Tue
10:15 AM - 11:00 AM starts 4/15/2008 Inst: Catherine Isaacson

6020 Centre Pilates :Studio 5 classes on Wed
6:00 PM - 6:45 PM starts 4/16/2008 Inst: Catherine Isaacson

6041 Centre Pilates :Studio 5 classes on Tue
10:15 AM - 11:00 AM starts 3/11/2008 Inst: Catherine Isaacson

6043 Centre Pilates :Studio 5 classes on Wed
6:00 PM - 6:45 PM starts 3/5/2008 Inst: Catherine Isaacson

6049 Centre Pilates :Studio 5 classes on Sat
9:15 AM - 10:00 AM starts 3/8/2008 Inst: Catherine Isaacson

6055 Centre Pilates Studio 5 classes on Sat
9:15 AM - 10:00 AM starts 4/19/2008 Inst: Catherine Isaacson

CENTRE PILATES® Authentic Mat Classes

\$135/\$135

This fun and effective Pilates Mat class held twice/week Tues/Thurs, takes advantage of a variety of apparatus (from weights to Magic Circles) Bring a Mat! Make up classes/space permitting. Cost: 135.00/10 classes twice a week. \$75.00/5 classes/5 week session. Visit our website @ www.centrepilates.net for more info, and directions or call 215 579-0007. Location: CENTRE PILATES (R) 20D, Newtown/Richboro Road, Newtown, PA 18940

6019 Centre Pilates : Studio 10 classes on M/t
6:00 PM -6:45 PM starts 3/6/2008 Inst: Catherine Isaacson

6046 Centre Pilates Studio: 10 classes on Tue/thu
9:15 AM - 10:00 AM starts 3/6/2008 Inst: Catherine Isaacson

6047 Centre Pilates Studio: 10 classes on Tue/thu
9:15 AM - 10:00 AM starts 4/15/2008 Inst: Catherine Isaacson

6068 Centre Pilates : Studio 5 classes on Tue
10:15 AM - 11:00 AM starts 4/15/2008 Inst: Catherine Isaacson

Extreme Boot Camp

\$250/\$250

This intensive six week course is for those who are ready to take their fitness to the next level! Designed for the intermediate to advanced exerciser, this course is a 4-day per week intense combination of strength, cardio and core training. Participants must be 18 years or older. Please note Saturday classes will begin at 7:45 AM. Mandatory orientation for first-time Boot Campers will be on Sunday, March 1 at 10a.m.

6029 Cornerstone Fitness 24 classes on T/W/Th/S
6:00 AM - 7:00 AM starts 3/11/2008 Inst: Staff .

Fly Fishing School

\$125/\$125

Learn the basics of fly fishing including equipment, knots, basic entomology, casting, stream techniques and more. On and off water course. Fishing license required. Fly rod outfits available if needed.

6073 Mainstream Outfitters : 1 classes on Sat
9:00 AM - 4:00 PM starts 4/26/2008 Inst: Staff .

6074 Mainstream Outfitters : 1 classes on Sat
8:00 AM - 3:00 PM starts 6/7/2008 Inst: Staff .

Fly Tying - Intermediate

\$65/\$65

This informative class is the next step after beginning fly tying. We will be teaching basic weaving, parachute type dry flies and spinning deer hair techniques. Must know basic fly tying. Materials included. Tools needed.

6087 Mainstream Outfitters : 4 classes on Wed
6:30 PM - 8:30 PM starts 3/12/2008 Inst: Staff .

Fun with Me

\$65/\$65

A class for parents and small children to experience the joy of learning together. This class combines songs, creative movement and other learning activities in a fun 40-minute "together time" classes. Course #6004 25 mos-3 1/2 yrs, course#6022 18-24 mos.If more than one child is participating, second child would be \$30. No more than 2 children/parent.

6004 Cornerstone Fitness : 8 classes on Thu
11:15 AM - 12:00 PM starts 3/27/2008 Inst: Staff .

6022 Cornerstone Fitness : 8 classes on Thu
10:30 AM - 11:15 AM starts 3/27/2008 Inst: Staff .

Golf - Adult

\$105/\$105

Designed for the new golfer or someone just getting back to the game. Learn what equipment is best for you, how to hold the club, the correct posture and swing, tips on how to practice, where to play, proper conditioning, fitness and mental preparation for success at any level. Individual attention is given to each participant. Ball fee is included in course fee.

6036 Golf Zone : 4 classes on Sat
9:00 AM - 10:00 AM starts 4/12/2008 Inst: Carol Gallagher

6039 Golf Zone : 4 classes on Sat
9:00 AM - 10:00 AM starts 3/15/2008 Inst: Carol Gallagher

Golf - Adult Intermediate Class

\$105/\$105

Designed for those who would like a refresher course for swing review.

6053 Golf Zone : 4 classes on Sun
9:00 AM - 10:45 AM starts 4/6/2008 Inst: Carol Gallagher

Golf - Let's Play Golf

\$90/\$90

For The Beginner or someone anxious for a 2 hour informative playing lesson. Please bring a set of clubs and wear athletic shoes or soft spikes.Greens fee included in the fee.

6050 Horsham Valley Golf Club : 1 classes on Sun
4:00 PM - 6:00 PM starts 5/11/2008 Inst: Carol Gallagher

6067 Horsham Valley Golf Club : 1 classes on Sun
4:00 PM - 6:00 PM starts 4/13/2008 Inst: Carol Gallagher

Golf - Parent/Child

\$105/\$105

A wonderful family activity for children 10 and up! For new to intermediate level players. Learn what equipment is best for you; how to hold the club properly, the correct posture, aim and swing. Tips on playing with and coaching your children. Range balls included in course fee. Held at the Golf Zone Rt. 611, Horsham, PA. Fee is per person.

6034 Golf Zone : 4 classes on Thu
5:30 PM - 6:30 PM starts 4/10/2008 Inst: Carol Gallagher

Golf - Short-Game Clinic

\$45/\$45

Did you know that roughly 65% of a golf score is made up of shots from 100 yards or closer. Putting alone accounts for approximately 40% of a golf score! So let's lower your score by learning the correct techniques for chipping and putting. Please bring a putter, 7 and 9 irons (and any others clubs of choice)

6012 Fairways Golf & Country Club : 1 classes on Sun
3:30 PM - 5:00 PM starts 4/27/2008 Inst: Carol Gallagher

6024 Fairways Golf & Country Club : 1 classes on Sun
3:30 PM - 5:00 PM starts 5/4/2008 Inst: Carol Gallagher

6018 Fairways Golf & Country Club : 1 classes on Thu
5:30 PM - 7:00 PM starts 5/15/2008 Inst: Carol Gallagher

Golf - Women Only Clinic

\$105/\$105

Designed for the new woman golfer or someone just getting back to the game. Learn what equipment is best for you, how to hold the club, the correct posture and swing, tips on how to practice, where to play, proper conditioning and fitness for women Individual attention is given to each participant. Ball fee is included in course fee.

6010 Golf Zone : 4 classes on Mon
9:00 AM - 10:00 AM starts 5/5/2008 Inst: Carol Gallagher

6015 Golf Zone : 4 classes on Tue
9:00 AM - 10:00 AM starts 4/1/2008 Inst: Carol Gallagher

6016 Golf Zone : 4 classes on Wed
6:00 PM - 7:00 PM starts 4/9/2008 Inst: Carol Gallagher

Hatha Yoga

\$85/\$85

Join us for this yoga class in which you will learn basic techniques and yoga poses as well as breathing methods and relaxation. This class is appropriate for first-timers and all fitness levels. Ages 12 and up. No class March 22.

6011 Cornerstone Fitness : 8 classes on Sat
8:30 AM - 9:30 AM starts 3/8/2008 Inst: Staff .

Home School Fitness Ages 6-14

\$70/\$70

Aclass for home schooled children to have fun and keep fit!!! We encourage individual challenges as well as group cooperation through playing various games. During this session, we offer the opportunity to participate in the Presidential Fitness Challenge. Classes broken down according to age readiness. \$70.00 for first child, \$50 for each additional child in same family. If enrolling more than one child please call the office to register 267-893-5708.

6021 Cornerstone Fitness : 8 classes on Tue
1:00 PM - 2:15 PM starts 3/25/2008 Inst: Staff .

Kids' Boot Camp

\$129/\$129

A class for kids ages 7-11. Sound off 1,2,3,4 this class is what you're looking for. Fun, fast paced exercise class combining various activities geared to all fitness levels for general recreational activity or sports conditioning. Let's see what you're made of. This 6-week program is guaranteed to get you fit while you're having fun! Saturday classes start at 9:15 a.m. No class on Saturday, March 22 (Easter weekend).

6094 Cornerstone Fitness : 18 classes on W/Th/S
5:30 PM - 6:30 PM starts 3/5/2008 Inst: Staff .

Kids' Yoga

\$85/\$85

A great yoga class especially designed for kids, focusing on learning and practicing basic Yoga movements and relaxation. Appropriate for children ages 7-11 years old. No class Easter Monday, March 24.

6026 Cornerstone Fitness : 8 classes on Mon
5:30 PM - 6:30 PM starts 3/3/2008 Inst: Staff .

SUMMERKIDS 2008

Central Bucks offers a summer fun camp, SummerKids 2008, available for any child who has completed Kindergarten through 6th grade as of June 2008. The camp is held at the following schools, Groveland, Jamison and Mill Creek. Watch for coming announcements about registration and camp dates at www.cbcsd.org click on community school. You can also call the Community School Office in March 2008, 267.893.5705.

Moms' Boot Camp

\$199/\$199

This intensive six week course is for moms who are ready to get serious about getting in shape! Experience fitness the old-fashioned way with a combination of strength and cardiovascular exercises and a whole lot of sweat. Our Moms' Boot Camp is designed to improve fitness, transform your body and revitalize your soul. Participants must be 18 years or older. Childcare for kids ages 8 weeks - 6 years is available for an additional fee. Contact Jen Lambert at Cornerstone for details. Mandatory orientation for first-time Boot Campers will be on Sunday, March 1 at 10 am. This Boot Camp is appropriate for all fitness levels.

6000 Cornerstone Fitness : 18 classes on T/W/Th
10:30 AM - 11:30 AM starts 3/11/2008 Inst: Staff .

Pilates Mat Class

\$85/\$85

Eight weeks of an invigorating workout designed to develop long, lean muscles. Pilates increases flexibility, improves balance, realigns posture and strengthens your core muscles. Mats are provided or you may bring your own.

6096 Cornerstone Fitness : 8 classes on Tue
5:30 PM - 6:30 PM starts 3/4/2008 Inst: Staff .

6097 Cornerstone Fitness : 8 classes on Fri
11:00 AM - 12:00 PM starts 3/7/2008 Inst: Staff .

Pilates Reformer Class

\$125/\$125

Experience this unique form of exercise on our Pilates Reformer machines that results in longer, leaner and more sculpted muscles and a stronger, more stable core. You will gain increased flexibility, and optimally see dramatic changes in posture and movement. This is a six person semi-private class with individual attention given to each participant. This class is offered at a variety of times throughout the week; call Cornerstone Health and Fitness at 215-794-3700 for class days and times that suit your schedule. All participants must take an orientation class prior to starting their 5 classes; there is no additional charge for the orientation class.

6030 Cornerstone Fitness : 5 classes
:00 - :00 starts 3/3/2008 Inst: Staff .

Pre-Season Golf Conditioning Camp

\$109/\$109

Using the latest golf conditioning techniques and technology, Cornerstone's certified golf conditioning specialist will work with golfers to improve core strength, muscular endurance and range of motion, shoulder mobility, and lower body stability. Golfers will move through this pre-season program designed to maximize real, on-course performance in the spring. Must be 18.

6091 Cornerstone Fitness : 6 classes on Wed
7:00 PM - 8:00 PM starts 3/5/2008 Inst: Staff .

QiGong/Yoga Fusion

\$85/\$65

This class combines the ancient Chinese art of QiGong with traditional yoga for a refreshing change to your practice. All fitness levels are welcome to attend this class; no yoga experience necessary. Ages 15 and up.

6035 Cornerstone Fitness : 8 classes on Thu
9:00 AM - 9:45 AM starts 3/6/2008 Inst: Staff .

Rock Climbing - Adult

\$55/\$55

Try the latest sports challenge. All ability levels are welcome. Instruction will be given on climbing technique, use of equipment and belaying. All equipment provided additional time after class. Ages 12 to 16 with participating adult.

6082 Doylestown Rock Gym : 4 classes on Tue
6:30 PM - 8:00 PM starts 3/4/2008 Inst: Staff .

6023 Doylestown Rock Gym : 4 classes on Wed
6:30 PM - 8:00 PM starts 3/12/2008 Inst: Staff .

6083 Doylestown Rock Gym : 4 classes on Tue
6:30 PM - 8:00 PM starts 4/1/2008 Inst: Staff .

6040 Doylestown Rock Gym : 4 classes on Tue
6:30 PM - 8:00 PM starts 4/29/2008 Inst: Staff .

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbcsd.org, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Rock Climbing - Family

\$30/\$30

All participants will receive instruction on safety, climbing technique and proper use of equipment. Parents and children over the age of 12 will be taught belay skills. There must be one adult for every two children. \$30 per family member. Minimum two to participate.

6059 Doylestown Rock Gym : 3 classes on Fri 6:00 PM - 8:00 PM starts 4/18/2008 Inst: Staff .

6060 Doylestown Rock Gym : 3 classes on Fri 6:00 PM - 8:00 PM starts 3/28/2008 Inst: Staff .

6007 Doylestown Rock Gym : 3 classes on Fri 6:00 PM - 8:00 PM starts 5/9/2008 Inst: Staff .

Rock Climbing - Kids Climb & Kinderclimb \$55/\$55

Games and activities will introduce youngsters to climbing. Kids will not only climb the rock walls but obstacles such as a cargo net, rope ladders, balance beams and tight ropes. Courses 6052, 6061 and 6038 are for ages 5 - 7 years old. Courses 6054, 6056, 6057, 6058, 6084 and 6085 are designed for children ages 2 fi to 5 years and parental assistance required.

6052 Doylestown Rock Gym : 4 classes on Mon 4:30 PM - 6:00 PM starts 3/31/2008 Inst: Staff .

6061 Doylestown Rock Gym : 4 classes on Mon 4:30 PM - 6:00 PM starts 3/3/2008 Inst: Staff .

6038 Doylestown Rock Gym : 4 classes on Mon 4:30 PM - 6:00 PM starts 4/28/2008 Inst: Staff .

6054 Doylestown Rock Gym : 4 classes on Wed 10:00 AM - 11:00 AM starts 3/5/2008 Inst: Staff .

6056 Doylestown Rock Gym : 4 classes on Wed 1:00 PM - 2:00 PM starts 4/30/2008 Inst: Staff .

6057 Doylestown Rock Gym : 4 classes on Wed 1:00 PM - 2:00 PM starts 4/2/2008 Inst: Staff .

6058 Doylestown Rock Gym : 4 classes on Wed 10:00 AM - 11:00 AM starts 4/30/2008 Inst: Staff .

6084 Doylestown Rock Gym : 4 classes on Wed 1:00 PM - 2:00 PM starts 3/5/2008 Inst: Staff .

6085 Doylestown Rock Gym : 4 classes on Wed 10:00 AM - 11:00 AM starts 4/2/2008 Inst: Staff .

Rock Climbing - Youth

\$55/\$55

Do your kids climb the walls? Well let them climb ours! Have them experience indoor rock climbing in a safe and fun environment. Through games and activities participants will learn about climbing safety, technique and how to use equipment properly. Ages 8 to 13 years old.

6062 Doylestown Rock Gym : 4 classes on Sat 10:00 AM - 11:30 AM starts 3/1/2008 Inst: Staff .

6044 Doylestown Rock Gym : 4 classes on Sat 10:00 AM - 11:30 AM starts 4/5/2008 Inst: Staff .

6045 Doylestown Rock Gym : 4 classes on Wed 4:30 PM - 6:00 PM starts 3/5/2008 Inst: Staff .

Rock Climbing-OUTDOOR!

\$60/\$60

Hit the REALROCKS. If you enjoy indoor climbing or crave an outdoor adventure, then join us for a day of outdoor climbing. No experience necessary. All equipment provided. Those 12-16 are permitted with a participating adult.

6037 Doylestown Rock Gym : 1 classes on Sat 10:00 AM - 3:00 PM starts 4/12/2008 Inst: Staff .

6042 Doylestown Rock Gym : 1 classes on Sat 10:00 AM - 3:00 PM starts 5/3/2008 Inst: Staff .

Spinning Boot Camp

\$80/\$80

A 6-week spinning course for the avid spinner looking for a new challenge. Designed to develop strength, speed and power, Spinning Boot Camp combines spin training with post-spin core training. . . Aheart rate monitor is recommended. This class is for experienced spinners age 18 and older. No class March 21.

6070 Cornerstone Fitness : 6 classes on Fri 6:00 AM - 7:15 AM starts 3/7/2008 Inst: Staff .

Spinning Fundamentals

\$85/\$85

Spinning is a great cardio workout Try this six-week workshop and gain the knowledge you can use to either get you started or take your fitness to the next level. Classes will be small, focusing on personal attention. Now's the time to do something for YOU! Participants must be 18 years or older. No class Easter Saturday, March 22.

6069 Cornerstone Fitness : 6 classes on Sat 10:30 AM - 11:30 AM starts 3/8/2008 Inst: Staff .

Tai Chi 101

\$85/\$60

Come and experience this ancient Chinese exercise for all ages and fitness levels. Tai Chi's rhythmic movements and coordinated breathing promotes health and circulation while gaining strength, balance and flexibility. ! No class March 22.

6093 Cornerstone Fitness : 8 classes on Sat 11:00 AM - 12:00 PM starts 3/8/2008 Inst: Staff .

Teen Boot Camp

\$149/\$149

For tweens and teens who are ready to get into a consistent fitness program! This intense 6-week program combines functional circuit training to improve your strength, speed, and agility with STRIVE strength training and core conditioning. Teen Boot Camp is an efficient workout for 12-16 year olds who are looking to improve their fitness level and performance!

6008 Cornerstone Fitness : 18 classes on T/WTh 4:30 PM - 5:30 PM starts 3/4/2008 Inst: Staff .

Tennis - Adult Advanced Beginner

\$140/\$140

For players who have had some experience on the court. Classes cover all strokes, strategy, and match play. Classes will be 1 hour each week/ Class times between 8 am and 4 pm

6013 Doylestown Tennis Club : 7 classes on Sat :00 PM - :00 PM starts 3/1/2008 Inst: Staff .

Tennis - Adult Beginner

\$140/\$140

For students with no previous instruction or less than 6 months playing experience. Students learn basic fundamentals. Includes some match play. Classes will be 1 hour each week. Time between 8 am and 4 pm

6009 Doylestown Tennis Club : 7 classes on Sat :00 PM - :00 PM starts 3/1/2008 Inst: Staff .

Tennis - Adult Intermediate

\$140/\$140

For players with 3 or more years experience. Groups will review strokes, strategy, plus match play. Classes will be 1 hour each week. Class times between 8 AM and 4 PM

6003 Doylestown Tennis Club : 7 classes on Sat :00 PM - :00 PM starts 3/1/2008 Inst: Staff .

Tennis for Kids

\$140/\$140

Ages 8 to 17. Classes provide a solid foundation for tennis. Instruction for all levels. Students are grouped according to ability. Students bring their own rackets or rackets are available for sale. Supply child's age at registration. If registering on line, please call CB Community School at 267-893-5708 with child's age. Class times between 8 AM and 4 PM;

6051 Doylestown Tennis Club : 7 classes on Sat :00 PM - :00 PM starts 3/1/2008 Inst: Staff .

U.S. Coast Guard Auxiliary Safe Boating . \$72/\$72

Recommended for the whole family. These classes will cover boat operations, seamanship, safety, legal requirements, navigation rules, trailering, piloting, marine radiotelephone, and Pennsylvania boating safety requirements. Certificate issued upon completion which will meet mandatory requirements for those under 17 to operate a boat in Delaware and Maryland and may qualify boat owners for lower insurance. Fee includes textbook, chart, and other materials. NOTE: Some states now require that drivers of boats and PWCs take this course. It is approved by the states of Pennsylvania, Maryland and Delaware.

6032 CB South Rm:C207 9 classes on Tue 7:00 PM - 10:00 PM starts 3/4/2008 Inst: Phil Stamm USCG Auxiliary Flotilla 10-06 D5-NR

Volleyball

\$48/\$24

Opportunity for skilled players to participate. Minimum enrollment must provide for three six-person teams. Players must be 18 years of age or older. Tryouts on first night.

6014 Tamanend MS Gym: 8 classes on Thu 7:00 PM - 9:00 PM starts 4/3/2008 Inst: Gary Nice

Yoga 101

\$85/\$65

A Yoga class that especially addresses the needs of students who are new to Yoga. Learn basic asanas and move through this slower, careful practice to get a great foundation in Yoga. Also appropriate for those who have some yoga experience but prefer a good, basic, informative practice. Appropriate for age 12 and up.

6092 Cornerstone Fitness : 8 classes on Thu 5:15 PM - 6:15 PM starts 3/6/2008 Inst: Staff .

Yoga Gently

\$85/\$65

A softer, gentler approach to yoga practice. This welcoming and nurturing class is open to all levels and is particularly appropriate for senior participants and those recovering from injury or illness. No class March 24.

6098 Cornerstone Fitness : 8 classes on Mon 1:00 PM - 2:00 PM starts 3/3/2008 Inst: Staff .

6099 Cornerstone Fitness : 8 classes on Wed 1:00 PM - 2:00 PM starts 3/5/2008 Inst: Staff .

Yoga I / II

\$60/\$60

Course 6027: Yoga I Gain the benefits of increased vitality and health; firm, flexible muscles; and peace of mind! Learn to meet your body's needs through simple yoga postures and breathing techniques. This easy to learn exercise will leave you energized and deeply relaxed. **Course 6028:** Yoga II offers a continuation of the various activities demonstrated in Yoga I. Participants are encouraged to wear loose fitting clothing and to bring a blanket or towel to the first class.

6027 CB East Rm: Math open space - 2nd flr. 8 classes on Tue 6:30 PM - 8:15 PM starts 3/4/2008 Inst: Cynthia Geesey

6028 CB East Rm: Math Open Space 8 classes on Tue 8:15 PM - 10:00 PM starts 3/4/2008 Inst: Cynthia Geesey

ZONE Functional Circuit Training \$99/\$99

Get in the ZONE, Cornerstone's functional fitness center, for high intensity circuit training. In one hour you will rev up your cardio endurance, build your strength and work your body into functional fitness. This class is a great addition or "change up" to your current fitness routine! Childcare is available for an additional charge; contact Jen Lambert at Cornerstone Health and Fitness for details (215) 794-3700.

6017 Cornerstone Fitness : 8 classes on Tue 9:15 AM - 10:15 AM starts 3/4/2008 Inst: Staff .

Tours

A Capital Day

\$75/\$75

Spend the day in Harrisburg, Pennsylvania, the capital city of the Keystone State since 1812. You will begin with a private tour of the Capitol, described by President Theodore Roosevelt at its dedication on October 4, 1906, as "the handsomest building I ever saw." Designed by architect Joseph Houston to resemble the nation's Capitol, the five-story structure covers 5.5 acres. You will then visit The State Museum of Pennsylvania for a self-guided tour. After lunch on your own in Strawberry Square, you will travel to The National Civil War Museum for another self-guided tour. Tour includes deluxe motorcoach transportation, services of professional tour guide, admission, taxes and gratuities per itinerary. Reservation deadline is April 29, 2008. There is no refund for cancellations.

10014 ESC - 16 Welden Dr. Parking Lot: 1 classes on Sat 6:45 AM - 6:30 PM starts 5/17/2008 Inst: Larry Weikel

Arboretaville

\$110/\$110

Usher in the wonder and beauty of spring at three of New Jersey's most celebrated gardens and landscapes. In the morning you will journey to historic Speedwell for a private tour of the former estate of Stephen Vail. This National Historic Landmark captures the flavor of life during the early years of the Industrial Revolution. Highlights of the tour will be the Vail mansion and the fa

(continues next page)

ctory where, in 1838, Samuel F. B. Morse and Vail's son, Alfred, demonstrated to the public for the first time their new invention, the telegraph. Originally named Paradise Farm, Henry and Robert Tubbs purchased the land in 1908 and renamed it Willowwood, after the 110 species of willow trees growing on the property. Under their passionate care the brothers transformed the former fields into an intimate composite of woodlands, meadows, and rich landscapes. Tour includes deluxe motorcoach transportation, services of professional tour guides, boxed lunch at Frelinghuysen, all taxes and gratuities. Reservation deadline is March 24, 2008. There are no refunds for cancellations.

10012 ESC - 16 Welden Dr Parking Lot : 1 classes on Sat
7:45 AM - 6:00 PM starts 4/26/2008 Inst: Larry Weikel

Cruise Vacations \$30/\$15

Don't know your starboard from your port? Confused by all the ads? Learn how to choose the perfect cruise for your next vacation. This course will compare the various cruise lines, the amenities they offer, and the prices they charge. Know before you cruise what to expect and more importantly what is not included in the price. Test your knowledge of geography with a review of departure ports and ports of call. Great for non-cruisers and frequent cruisers alike.

10020 CB West Rm: 1 classes on Wed
7:00 PM - 9:00 PM starts 3/5/2008 Inst: Nancy Pruskowski

James River Plantations \$312/\$312

Relive the life of a Southern plantation owner in this exclusive tour that encompasses over three centuries along Virginia's scenic James River. You will have the rare opportunity to step through the gates and enjoy private tours of four of the most beautiful estates on the historic river. Although these early planters brought with them supplies needed to sustain daily life, they also brought a taste for opulent homes and manicured gardens that would eventually represent all that was romantic and aristocratic of the South as you will see. ... Day 1 You will arrive in Charles City, Virginia, for your private tour of Shirley plantation, the oldest plantation in Virginia. Dating to a 1613 land grant, Shirley has been home to the Hill-Carter family since 1660. Your guided tour of the Great House will highlight original family portraits, period furniture, eighteenth-century woodwork, and fine silver. Its square-rigged "flying staircase" extends three stories with no visible means of support, and is the only one of its kind in America. Time will be allotted to stroll the formal gardens and grounds with their eight original outbuildings. Day 2 Your morning begins with a rarely given private tour of the grounds of Westover Plantation. Built circa 1730 by William Byrd II, the Manor House is renowned as the nation's premier example of Georgian architecture. The morning continues with a visit to Berkeley Plantation, considered by many to be the most historic plantation in the United States. Built in 1726 of bricks fired on the plantation, the mansion commands a beautifully landscaped hilltop view overlooking the James River. The interior of the house is furnished with a magnificent collection of rare eighteenth-century antiques. The handsome woodwork and double arches of the "Great Rooms" were installed in 1790 under the direction of Thomas Jefferson. Ten acres of formal terraced boxwood gardens extend a full quarter mile. Your tour concludes with a private tour of Edgewood Plantation. Built in 1849, Spencer Rowland's plantation home became the first Gothic Revival style house in Virginia. Throughout its dramatic history, Edgewood has served as a church, post office, nursing home, and signal post used by the Confederate army to spy on McClellan's Union forces encamped at Berkeley. The tragic legacy of the Civil War is literally written into one of Edgewood's windowpanes. Elizabeth "Lizzie" Rowland etched her name on an upstairs bedroom window as she waited for the return of her Confederate beau from the war. Legend has it she waited in vain, died of a broken heart at age 47, and is occasionally seen still watching from her upstairs window. Cost of tour is \$312.00 per person based on double occupancy/single supplement \$369.00. Tour includes deluxe motorcoach transportation, services of professional tour guides, admissions to four plantations, overnight lodging, one dinner, one breakfast, lunch at Edgewood Plantation, all taxes and gratuities per itinerary. Reservation deadline is May 2, 2008. There is no refund for cancellations. Course #10016 is for double occupancy and course #10017 is for single occupancy.

10016 ESC - 16 Welden Dr. Parking Lot: 1 classes on Sat
7:00 AM - 10:30 PM starts 6/28/2008 Inst: Larry Weikel

10017 ESC - 16 Welden Dr. : Parking Lot 1 classes on Sat
7:00 AM -10:30 PM starts 6/28/2008 Inst: Larry Weikel

Maryland Marvels

\$125/\$125

Travel the highways and byways of the Old Line State and marvel at some of its most extraordinary treasures. You will first visit Towson for a private tour of Hampton Mansion, once the largest private residence in the United States. The house, once ridiculed as "Ridgely's Folly," is elegantly furnished and set among beautifully landscaped grounds and gardens. You will then travel to Monkton, for a tour of Ladew Topiary Gardens and Manor House. Called "the most outstanding topiary garden in America," you will have the opportunity to view over 100 larger-than-life topiary forms scattered throughout 22 acres of flower gardens. You will also enjoy a private tour of the grand, circa 1747 Manor House, filled with Ladew's collection of English antiques, fine art, and fox hunting and equestrian memorabilia. Of special interest is the unique oval library known as one of the 100 most beautiful rooms in America. The day concludes with wine tasting at Boordy Vineyards, Maryland's oldest family run winery. Boordy currently produces 70,000 gallons of wine annually. Offerings include oak-aged cabernets, crisp chardonnays, sparkling wine, and Maryland port. Tour includes deluxe motorcoach transportation, services of professional tour guides, admissions, lunch, wine tasting, taxes and gratuities. Deadline for reservations is April 15, 2008. There are no refunds for cancellations.

10013 ESC - 16 Welden Dr Parking Lot: 1 classes on Sat
7:00 AM - 7:30 PM starts 5/3/2008 Inst: Larry Weikel

The Morris Legacy

\$115/\$115

Experience one of the area's most magnificent formal rose gardens as you spend the day witnessing the legacy of the Morris family, one of the most prominent families in Philadelphia history. The legacy begins with a private tour of Morris Arboretum, listed on the National Register of Historic Places and the official arboretum of the Commonwealth of Pennsylvania. Siblings John and Lydia Morris, having inherited a huge family fortune, spent their wealth traveling extensively throughout the world. From their lengthy journeys they brought back landscape design ideas for "Compton," their summer home on In addition to viewing the 1888 four quadrant rose garden, a highlight of your tour will be a visit to the 1899 fernery, an 8-sided glass house, said to be the only remaining free standing Victorian fernery in North America. Time will also be allotted to explore the unforgettable Garden Railway, a miniature world of model trains featuring historic buildings each meticulously constructed of leaves, bark, vines, and twigs. After lunch, the Morris legacy continues when you travel to Cedar Grove, the ancestral home of five generations of Morrises. On your private tour you will learn how wealthy widow Elizabeth Coates Paschall built the house in 1748-50, and how it passed through the female line, with one exception, until Lydia Morris donated the house to the City of Philadelphia in 1928. Tour includes deluxe motorcoach transportation, services of professional tour guides, admissions, lunch all taxes and gratuities. Reservation deadline is May 2, 2008. There are no refunds for cancellations.

10015 ESC - 16 Welden Dr Parking Lot : 1 classes on Sat
8:45 AM - 5:30 PM starts 6/7/2008 Inst: Larry Weikel

Wellness

Couples Massage Class

\$30/\$15

Come and learn fully clothed basic massage techniques to help ease muscle tension and promote relaxation. a professional certified massage therapist. Please bring with you: Yoga mat or foam pad (2) large beach towels or blanket, 2 pillows for sitting upon. Wear comfortable clothing. The \$30.00 fee is a per person fee.

9004 ESC - 16 Rm: Training Room 1 classes on Thu
7:00 PM - 9:00 PM starts 4/3/2008 Inst: Diane Szwajkowski

9005 ESC - 16 Rm: Training Room 1 classes on Thu
7:00 PM - 9:00 PM starts 5/1/2008 Inst: Diane Szwajkowski

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

CPR-American Heart Assoc-Friends & Family \$25/\$25

Cardio-pulmonary Resuscitation (CPR) class is for family members, friends and members of the general community that want to learn CPR. This is not a certification class for health-providers. Course description available on our website All ages are welcome. Material fee of \$20 due the first night of class..

9070 Unami MS Rm: 115 1 classes on Tue
6:30 PM - 9:00 PM starts 3/4/2008 Inst: Deneen Dry

9072 Unami MS Rm: 115 1 classes on Tue
6:30 PM - 9:00 PM starts 3/11/2008 Inst: Deneen Dry

9074 Unami MS Rm: 115 1 classes on Tue
6:30 PM - 9:00 PM starts 3/18/2008 Inst: Deneen Dry

9077 Unami MS Rm: 115 1 classes on Thu
6:30 PM - 9:00 PM starts 3/25/2008 Inst: Deneen Dry

9079 Unami MS Rm: 115 1 classes on Thu
6:30 PM - 9:00 PM starts 4/1/2008 Inst: Deneen Dry

Fat Facts

\$25/\$25

Come discuss which fats you need and which you don't, the pros and cons of a low-fat diet, how to discourage fat storage, and how to burn the fat you have – with the food you eat! Lisa Streetsmith, the instructor, is a Health Counselor and Cooking Coach who emphasizes natural, whole foods with delicious results. You will come away with a better understanding of the facts about fat.

9013 CB West Rm: 1 classes on Tue
7:00 PM - 8:30 PM starts 3/11/2008 Inst: Lisa Streetsmith

Meet and Play With Your Inner Child \$50/\$50

Communicate with that part of you that holds your feelings, creativity, inquisitiveness, intuition and innocence. Identify with perceptions or beliefs that were instilled at an early age. Marion McGowen is certified as a facilitator and practitioner of a variety of non-invasive approach to mental and physical healing. Marion is: Director of a Private Trade School Member of Professional Nurse Healers, Reiki Master Teacher Certified One Brain Facilitator

9006 CB West Rm: 4 classes on Tue
7:00 PM - 9:00 PM starts 3/4/2008 Inst: Marion McGowen

Nutrition for New Moms \$50/\$50

This four-week course will cover everything you need to know about eating for you and your baby, pregnancy through early childhood. Discuss the nutrition facts you need to know during this important stage of your life with practical tips for making healthy eating choices every day.

9003 CB West Rm: 4 classes on Thu
7:00 PM - 8:30 PM starts 4/17/2008 Inst: Lisa Streetsmith

Reiki Level 1

\$95/\$95

Reiki is an ancient form of energy transfer using universal life force. It is powerful, yet gentle and non invasive. Reiki can relieve stress, fatigue, and tension. It helps to calm emotions and to induce relaxation. It helps to reduce pain and accelerates healing. The class is taught by Mary Scheets RN who is a Certified Usui Reiki Master Teacher. There is a \$5.00 materials fee payable the first night of class.

9009 Lenape MS Rm:54 3 classes on Mon
6:30 PM - 9:30 PM starts 3/31/2008 Inst: Mary Scheets

9010 CB East Rm: 54 3 classes on Sat
9:30 AM - 2:30 PM starts 4/5/2008 Inst: Mary Scheets

Relax Your Body and Mind \$30/\$15

Come and learn techniques for relaxation and self-healing. Class includes discussion and experience of different healing modalities which include massage therapy, Reiki, guided meditation, stretching and breathing exercises, affirmations and visualization. Please wear comfortable clothing (sweats or tights). Bring with you a yoga mat or beach towel (for lying down), and a cushion or pillow (for sitting). The \$30.00 fee is a per person fee.

9032 ESC - 16 Welden Dr. Training Room: 1 classes on Thu
7:00 PM - 9:00 PM starts 4/10/2008 Inst: Diane Szwajkowski

SAT TEST PREP- \$749

Kaplan Test Prep & Admissions and Princeton Review in conjunction with Central Bucks School District, is offering SAT preparation at all three CB schools for this spring! Kaplan and Princeton Review are the nation's leading providers for test preparation, offers small class size, expert teachers, unparalleled SAT materials, classroom and online practice tests, and complete course materials including access to our online student center. To enroll with Princeton call 800-2-REVIEW or visit their website: www.princetonreview.com. To enroll with Kaplan call 800-KAP-TEST or visit their site: www.kaptest.com/sat.

Central Bucks West

Kaplan

Starting Monday March 17, 2008

| | |
|-------------------------|----------------------|
| 3:15 PM-5:45 PM Classes | 8 classes on Mon/Wed |
| 3:15 PM-7:45 PM Tests | 4 tests on Mon/Wed |

Starting Monday April 14, 2008

| | |
|-------------------------|----------------------|
| 3:15 PM-5:45 PM Classes | 8 classes on Mon/Wed |
| 3:15 PM-7:45 PM Tests | 4 tests on Mon/Wed |

Princeton Review

Starting Saturday March 8, 2008

| | |
|----------------------|----------------------|
| 2 PM - 5 PM Classes | 8 classes on Sat/Sun |
| 9 AM - 1:15 PM Tests | 4 tests on Sat/Sun |

Starting Saturday April 12, 2008

| | |
|----------------------|----------------------|
| 4 PM - 7 PM Classes | 8 classes on Tuesday |
| 9 AM - 1:15 PM Tests | 4 tests on Saturday |

Central Bucks East

Kaplan

Starting Monday April 14, 2008

| | |
|-------------------------|----------------------|
| 6:00 PM-8:30 PM Classes | 8 classes on Mon/Wed |
| 6:00 PM-10:30 PM Tests | 4 tests on Mon/Wed |

Princeton Review

Starting Saturday March 8, 2008

| | |
|----------------------|----------------------|
| 2 PM - 5 PM Classes | 8 classes on Sat/Sun |
| 9 AM - 1:15 PM Tests | 4 tests on Sat/Sun |

Starting Saturday April 12, 2008

| | |
|----------------------|----------------------|
| 4 PM - 7 PM Classes | 8 classes on Tuesday |
| 9 AM - 1:15 PM Tests | 4 tests on Saturday |

Starting Saturday May 3, 2008

| | |
|---------------------------|----------------------|
| 6:30 PM - 9:30 PM Classes | 8 classes on Mon/Wed |
| 9 AM - 1:15 PM Tests | 4 tests on Saturday |

Central Bucks South

Kaplan

Starting Tuesday March 18, 2008

| | |
|-------------------------|-----------------------|
| 6:00 PM-8:30 PM Classes | 8 classes on Tue/Thur |
| 6:00 PM-10:30 PM Tests | 4 tests on Tue/Thur |

Starting Tuesday April 8, 2008

| | |
|-------------------------|-----------------------|
| 3:15 PM-5:45 PM Classes | 8 classes on Tue/Thur |
| 3:15 PM-7:45 PM Tests | 4 tests on Tue/Thur |

Princeton Review

Starting Saturday March 8, 2008

| | |
|----------------------|----------------------|
| 2 PM - 5 PM Classes | 8 classes on Tuesday |
| 9 AM - 1:15 PM Tests | 4 tests on Sat/Sun |

Starting Saturday April 12, 2008

| | |
|----------------------|----------------------|
| 4 PM - 7 PM Classes | 8 classes on Tuesday |
| 9 AM - 1:15 PM Tests | 4 tests on Saturday |

Secret Behind "Secret": The Law of Attraction \$50/\$50

Explores the immersion of the Old School New Thought Shift, (Paradigm Shift) from a Spiritual perspective. Discussions and development of some of the personal spiritual growth techniques as promoted by some of the leading New Age thinkers. We will be sharing a "Street Smart" practical approach to choosing to have a good day every day.

9017 CB West Rm: 62 5 classes on Tue
7:00 PM - 9:00 PM starts 4/1/2008 Inst: Marion McGowen

Self Massage And Relaxation For Athletes \$30/\$30

This class offers a great introduction to understanding self massage and relaxation and how it can produce health benefits. Benefits include increased mood and athletic performance. Relaxation techniques enable the body and soul to rejuvenate. Please wear loose-fitting, comfortable clothing and bring a pillow, blanket, and cushion for sitting, lying upon and comfort.

9007 ESC - 16 Welden Dr. : Training Room 1 classes on Thu
7:00 PM - 9:00 PM starts 3/27/2008 Inst: Diane Szwajkowski

9008 ESC - 16 Welden Dr. : Training Room 1 classes on Tue
7:00 PM - 9:00 PM starts 4/8/2008 Inst: Diane Szwajkowski

Sensational Singles \$36/\$18

If you're single – by divorce, widowed or choice – this course is for you. Join your single male and female peers in fun discussions and tips on how to live single in a world geared to doubles. Listen to others' stories and let those who have experienced the same issues, help you through this challenging time! Topics include surviving holidays, lonely nights, juggling priorities, dating again, restructuring your life, exploring your own needs, and other relevant subjects of your choice. Learn to live "with" yourself and not "by" yourself, and enter the world of "Sensational Singles". Teacher: Donna Dvorak, author of "Sensational Singles", "Chelton Manor" and "Friendly Sins".

9014 CB South Rm:C234 6 classes on Tue
7:00 PM - 9:00 PM starts 3/4/2008 Inst: Donna Dvorak

Separation and Divorce: Your Legal Rights \$36/\$18

Confusion. Fear. Anger. Depression. Anxiety. These are all normal emotions for someone who is considering separation or divorce. During separation and divorce, couples must make some of the most important decisions in their lifetime. An Alpha Center Attorney-Mediator will discuss and offer clarity on many of the legal, financial and practical matters that must be considered by both individuals. This informational class will also discuss divorce mediation as an alternative to litigation.

9028 CB West Rm: 1 classes on Thu
7:00 PM - 9:00 PM starts 5/15/2008 Inst: Staff .

Weight Loss \$48/\$24

If you have a true desire to lose weight and have been unsuccessful, learn how the use of HYPNOSIS and other new theories are being used to assist individuals in their effort to lose weight.

9002 CB West Rm: 62 3 classes on Wed
7:00 PM - 9:00 PM starts 3/5/2008 Inst: Marian Ehrlacher

Yoga Buffet \$60/\$60

Flowing yoga class incorporating vinyasas for the chakras, as well as sun salutations Aand B, and Moon salutation. Each class includes mantra meditation, pranayama (breath practice), asanas (postures), ending with a period of deep relaxation to revitalize the body. Special attention to body alignment and use of the mudras and bandhas will be given. Knowledge of yoga is not necessary, but the class is best experienced by those who already have some physical conditioning. Bring a yoga mat, towel and water.

9031 CB South Rm:Black Box 8 classes on Tue
6:45 PM - 8:00 PM starts 4/8/2008 Inst: Joan Altimore

PLEASE NOTE: For complete course descriptions and online registration, go to our website www.cbconline.com, enter the site, click register, use the pull down menu, look under category for the course you are interested in and click "detail".

Spring 2008 Course and Tours Registration Form

Mail to: CB Community School 16 Welden Drive, Doylestown, PA 18901 Fax: 267-893-5850.

Course Name _____ Course Number _____

Fee _____ Senior Fee _____ Birthdate _____

Name _____

Address _____

City/State/Zip _____

Phone _____ Other Ph. _____ E-Mail _____

VISA Mastercard AMEX Discover

C.C. No. _____

Exp. Date: _____ Check Enclosed

Please attach separate check or money order for each course. Please Make Payable to CBCommunity School.

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